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Bengough, SK
S0C 0K0

Bengough Tigers School Newsletter

November 28, 2019

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Principal: Theresa Mooney



"Only Your Best

Is Good Enough"

Bengough School is located on Treaty 4 Territory, the original lands of the Cree, Ojibwe, Saulteaux, Dakota, Nakota, Lakota, and on the homeland of the Métis Nation.

Hello;

Basketball season is now upon us. We only have a Bantam Girls Basketball team this year, which is being coached by Jamie O'Brien and Chantel Tendler.

December will be a busy month of activities sponsored by the SRC. Please see the calendar in the newsletter so that you can see the dress up days and activities for which students need to be prepared.

Our traditional Intramural Potluck lunch, cooked by the SCC, will be held on the last day of school in December (December 20). A letter will be sent home about a week prior to that event so all families will know what to bring.

Just another reminder for community members: **it is illegal to drive through the crosswalks and the busses when the bus stop arms are extended and the lights are flashing.** Please pay attention to these details as we don't want any of our students getting hurt.

As always, if you have questions or concerns about your student, please contact the appropriate person so that your concern can be addressed immediately by the person who is involved. Issues can be best worked out by approaching the appropriate person.

Have a great weekend. Have fun and be safe.

Theresa Mooney,

Principal

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Elf on a Shelf activity everyday this month!!	3	4 Red/White/Green dress up day	5 Toque, scarf, mittens dress up day	6	7
8	9	10 Dress as a Christmas character	11 Wear an ugly Christmas sweater	12 Christmas Formal Dress up	13 No School	14
15	16 Christmas Morning– wear your PJ's	17 Wear winter colors White/blue/silver	18 Christmas Concert	19 Hot chocolate SRC supplies cups	20 Intramural Potluck Last Day of Classes	21
22	23	24	25 	26 Merry Christmas!!	27	28
29	30	31 School resumes January 6				

WELCOME, VISITORS, TO BENGOUGH SCHOOL!

Please:

- * report to the office
- * ensure our school is kept tobacco-free and drug-free
- * be aware that there is a "**Nut Alert**" in effect and ensure no nuts or foods containing nuts are brought into our school
- * remember to not pass school buses when the red lights are flashing or the stop arm is extended.

THANK YOU FOR YOUR



<u>BUS DRIVER</u>	<u>ROUTE #</u>
MATTEAU, Kristine	Route #1
NERGARD, Raymond	Route #2
KEMP, Barry	Route #3
SJOGREN, Susan	Route #4

Bengough School Trade & Craft Sale (Biggest One Yet!!)

December 7th, 2019

10:00-4:00

Vendors Still Welcome (limited & possibly in the hallway)

Vendors confirmed as of November 12, 2019: **Update #4**

1. Hooked on Crochet – Shelley Hartley
2. TLC Esthetics – Chantel Tandler
3. Ag Element 47 – Amy Gillies
4. Tupperware & Baking – Michelle Myren
5. Avon – Sharlene Minto
6. Crochet & Knit Products – Melissa Wieb
7. Luna Sol Holistics – Jenna Ingram
8. Shar-It Gifts – Sharon Itcush
9. Norwex – Edith Scholz
10. Knitting – Gabi Heyn
11. Tiber River – Katie Fehr
12. Bengough Public Library – Faye Adam
13. Sole Reflections – Marlene Cleveland
14. Pampered Chef & Memory Bears – Carol Knudsen
15. 31, Stained glass, Wood signs, Novelty Socks- Joanne Hawkes
16. Homemade pens, crafts, baking – Lana Forseth
17. Badland's Hair Studio & Spa – Roxanne Rettman
18. Big Muddy Rock Shop – Kathy Gudnuson
19. GypsySuede Designs – Jodie Lee
20. Muddy Stones – Charla Holbrook
21. Mary Kay & Epicure – Charlene Jensen
22. Arbonne – Katrina McCuaig
23. A Touch of Wellness Day Spa & Wellness Centre – Sarah Thue
24. JS Western Rags & Earrings – Jami Storle
25. BMAC – Lois Giraudier
26. May-B-Sew – Shannon Burill Martin
27. P & J Nergard Creations – Jeff Nergard
28. Judy K Prints – Judy Koszman
29. Fairies, Sun Catchers, Magnetic Sets – Sandra Evans
30. Usborne Books – Val Fafard
31. New Moon Tack company (Horse Tack) – Charlee Anderson
32. Cricket Designs (Horseshoe/metal décor) – Jessica Paradon
33. A 'Mazer'ing Cupcakes & Cookies – Lindsay Ellice Mazer
34. Wickers – Olena Nolte
35. Travel 2021 – Pies, Contigo Mugs, Christmas Raffle Tickets, Canteen



THE GATEWAY FESTIVAL



BENGOUGH SASKATCHEWAN

16TH ANNUAL EARLY BIRD TICKETS

JULY 24 - 26, 2020

Adult (19+): \$90.00

Youth (13-18): \$50.00

Tickets NOW On Sale At:

Bengough Drugs

Hill Avenue Drugs - Regina

Pharmasave - Weyburn

Or Get Them On-Line At:

www.Showpass.com/gatewayfestival2020



Children born in 2016...

...are o-FISH-ially invited to attend our
IMPACT Early Childhood Fair!



Thursday, March 19th
Come & Go between
4:00 p.m. – 6:00 p.m.



Bengough School
Childcare for Siblings &
Light Supper Provided

Please scan the code to
register or call the school at
(306) 268-2172.



****Children will receive a gift pack valued at \$30.00****

****All children must be accompanied by a parent or caregiver****

****It will take an hour to tour all the stations****

DIVE ON OVER AND HAVE SOME FUN UNDER THE SEA!



"How are the Children?"



Early Childhood Development Information

ANXIETY

Young children get stressed too!

It's important to know what bothers or upsets your child.
Remember to:

- STOP:** Find time to talk. You might say "I know there are things that upset you sometimes. Can you tell me about them?"
- LOOK:** Check your child's face and body. Are you able to make eye contact, or are her eyes darting back and forth? Does she seem relaxed or tense?
- LISTEN:** Give your child your full attention. Listen without speaking. Nod your head and let him know that you are listening.

December 2019



RECREATION REPORT

HAY BALE FUNDRAISER – the Skating Rink is looking for donations of HAY BALES as a FUNDRAISER. We will tender the bales in February with all proceeds going toward Skating Rink operating costs. PLEASE CONTACT: Deb at the Recreation Office – (306) 268-2909 or text (306) 268-7787 regarding the number of bales you donated. Tax Receipts will be issued for all donations.

The bales can be dropped off by the railway tracks east of Valley Ag.

BENGOUGH SKATING RINK HOCKEY DRAFT – (Standings as of November 26) – 1st – Garnet Hoffart (516), 2nd - Bryce Rood (514), 2nd - Kirstin Winter (514), 4th – Janice Paradis (513), 5th – Dawson Nergard (512).

UPCOMING HOCKEY GAMES:

Saturday December 7th – Novice Tournament – Time – 9:00 a.m. Start

Sunday December 8th – Novice Game – Bengough vs Assiniboia – 12 Noon

Atom Game – Beng/Ogema vs Crosby – 2:00 p.m.

Thursday December 12th – Initiation Game – Bengough vs Lake Alma – 5:30 p.m.

Sunday December 15th - Pee Wee Game – Beng/Og/YG vs Estevan – 2:00 p.m.

Saturday December 21st – Novice Game – Bengough vs Rockglen – 11:00 a.m.

Atom Game – Beng/Ogema vs Estevan – 1:00 p.m.

RECREATION REPORT continued

JUNIOR CURLING PROGRAM – Registration Fee is \$25.00/participant and the program will be offered 1x/week (alternating Tuesdays and Thursdays, depending on Chris's work schedule) from 5:30-6:30 p.m. Participants must be 4 years of age as of December 31, 2019. Everyone in Grade 2 & Under MUST WEAR A HELMET. If you are willing to help on the ice PLEASE let Chris know (306) 268-8715. You are still welcome register if you are interested!

“BALLET” INSPIRED BARRE CLASS – Sunday December 1st from 6:30-7:30 p.m. at the Bengough Community Centre. \$5.00/person. INSTRUCTOR – Jenna Ashby. Join us for a different version of Barre Class. Please contact Deb to pre-register – 306-268-2909 (w) or 306-268-7787 (text).

FITNESS CLASSES – Barre Class – Mondays @ 5:00 p.m., Forever in Motion – Tuesdays @ 10:00 a.m., Yoga – Wednesdays @ 5:00 p.m., DrumFit – Thursdays @ 5:00 p.m.

SANTA SLEIGH RIDE – Friday December 20th at 3:30 p.m. at the Bengough Skating Rink. Everyone welcome! Adult Supervision REQUIRED for young children! FREE – skating, hot dogs, coffee, hot chocolate until 6:00 p.m. (sponsored by the Ladies Rink Auxillary, Skating Rink Board & Recreation Board). SPECIAL GUEST – SANTA CLAUS. Thankyou to the businesses, organizations and individuals who donated and to Kevin Foley for providing his truck and trailer to transport everyone.

2019 DECK THE HOUSE “CHRISTMAS” DECORATING CONTEST & TWINKLE TOUR –

Decorating Contest – enter your decorated home or business for the chance to win the title of Bengough's Best Decorated! Prizes will be given for the best decorated house and business. Entry forms available at the Recreation Office, Credit Union, Snelling Agencies or by contacting Kennedy Gauley. Entry Deadline – December 9th, 2019.

Please enter so your house/business can be included on the community twinkle tour map

Twinkle Tour & Caroling: December 20th – Meet at the Bengough Skating Rink at 6:30 p.m. Dress warm as we will be riding on the sleigh! Twinkle Tour participants will be the judges for the BEST DECORATED HOME AND BUSINESS!

BENGOUGH ELKS 4 ON 4 HOCKEY TOURNAMENT – Saturday December 28th. Contact Garnet Hoffart for more information.

MOM'S PANTRY FUNDRAISER – the Bengough Skating Rink/Minor Hockey is once again selling Mom's Pantry as a fundraiser. Order forms are available from the Recreation Office, Skating Rink Lobby or from any Minor Hockey Parent/Player. Order deadline – January 9, 2020. You can also go on-line to order - www.momspantry.ca Bengough Skating Rink Order Number – 298202 Group Passcode: 17737.

ANNUAL SKATING RINK FUNDRAISER - Saturday January 25th. If you have an item (s) that you would like to donate for a door prize, raffle prize or silent auction prize PLEASE drop it off at the Recreation Office at any time. Donation Receipts will be available for the value of your donation.

BENGOUGH BULLETIN – the deadline for submission of Christmas Ads, Regular Ads or Information for the December Bulletin is December 5th. RATES: ¼ page - \$25, ½ page - \$45, full page - \$75. Personal Christmas Greetings - \$20.00. Please bring your information to the Recreation Office or email to thebulletin2018@gmail.com

BENGOUGH BULLETIN BUSINESS CARD AD RENEWAL FOR 2020 – If you wish to RENEW your Business Card Ad or SUBMIT a NEW Business Card Ad for 2020 PLEASE do so by DECEMBER 17TH. RATES: \$100 for 12 Issues or \$35.00 for 3 months. Contact Deb at the Recreation Office or email – dashby@sasktel.net.

MORNING WALKING PROGRAM – Monday to Friday from 8 a.m. – 1 p.m. at the Community Centre. Start Date: Monday December 2nd. Cost - \$1.00/visit or \$10.00/month.

NATUROPATHIC MEDICINE PRESENTATION – Dr. Joel Guillemain ND will be speaking on the benefits of naturopathic medicine at Badlands Hair Studio and Spa on Sunday December 1st at 2:00 p.m. PLEASE PRE-REGISTER by contacting Roxanne at 306-268-1200 (registration is necessary to be sure there is enough room for everyone).

Bengough Last Chance Shoppe Offers....CHRISTMAS SHOPPING FOR KIDS – Saturday December 7th from 12-5:00 p.m. at the Last Chance Shoppe. Children can shop for Christmas gifts to give to their parents and family. Volunteers will help each child find items and help wrap them. PLEASE bring a Christmas gift list and price limit. CASH ONLY!