

Weekly Memo for Parents

September 19-23, 2016

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<https://schools.prairiesouth.ca/caronportelem/>

Please join us in welcoming Miss Hillary Steffler to the CES staff! Miss Steffler will be teaching Gr. 4/5 in the mornings. New staff assignments: Mrs. Joyce Friesen is a fulltime Educational Assistant and Mrs. Faith Olmstead's assignment will be Educational Assistant in the morning and Library Associate in the afternoon.

September 19 th – 23 rd			
MONDAY (19th)	Day 2	11:50	Sectional Lessons – Trumpets, Tuba & Trombones
		2:30	Early Dismissal
		3:15	B Girls Volleyball @ Palliser Heights 1
		3:30-4:30	Girls A Practice
TUESDAY (20 th)	Day 3	11:50	Sectional Lessons - Percussion
		3:15	A Boys Volleyball @ Prince Arthur
WEDNESDAY (21 st)	Day 4	11:50	Sectional Lessons – Flutes & Clarinets
		3:30	First Cross Country Practice Meet (See Info Below)
		4:15	Mortlach @ B Boys Volleyball (Dependant on whether we have a coach in place.)
THURSDAY (22 nd)	Day 5	11:50	Sectional Lessons – Saxophone
		4:15	Palliser Heights @ A Girls Volleyball
FRIDAY (23 rd)	Day 1	11:50	Sectional Lessons – French Horns
		3:30-4:30	A/B Girls Practice

IMPORTANT DATE:

Tuesday, September 27 – Picture Day

DAVID'S BREAKFAST

Thank you to everyone who joined us today for a delicious breakfast! It was a *beautiful* morning to enjoy with family and friends from the community! A special thank you to Robert Bachmann, Carl Sowden, Cora Lee Schulz, Liz Haukaas, Kim Novak and Darran Teneycke.



CROSS COUNTRY

Once again, we are offering Cross-Country at CES. There will be a signup sheet outside Miss Olson's classroom.

Practices will be directly after school for about 20 minutes. They will involve running to improve the team members' stamina. If a student has a conflict with another practice (ie. volleyball), they should go to volleyball and practice on their own time.

Cross Country events are designed for students who are in grades 4-8, but are organized into the following age classes:

Pee Wee - 9 or younger as of December 31/14 ----- 1073m (This is about 3 laps around the north field at CES)

Bantam - 10 as of December 31/14 ----- 1073m

Midget - 11 as of December 31/14 ----- 1672m (This is about 5 laps around the north field at CES)

Dates:

First Practice Meet – Wed. Sept. 21st

Wakamow Valley Meet – Wed. Sept 28th

Championship Meet – Midget, Junior, Senior, Pee Wee & Bantam - Wed. Oct. 12th

This will last longer than the other meets because there are awards to be given out.

All meets (@ Sunningdale) will begin at 4 pm on the assigned dates. We are to arrive no earlier than 3:45 PM. Events may be either postponed or cancelled due to inclement weather but it will have to be REALLY bad and a safety concern.

We will be taking a bus to all meets and will return to Caronport with the bus after the meet. If you plan to take your child home, please let Miss Olson know. We will leave immediately after everyone has finished their race.

CARONPORT SKATING CLUB



Skating for all ages and ability!

Caronport Skating Club invites you to join us
Wednesday, Sept.28th for **Registration & Skate Rental** at the Barkman arena between
6:15-7:45pm.

We would love to see you there to answer any questions you might have. As always, you can also register online for convenience or to find out more information.

See you there!

EQUIP, EDUCATE AND EMPOWERING PARENTS WORKSHOP

Parents/caregivers who may be struggling with their teens on a variety of issues such as drugs, alcohol, anger and family conflict are invited to attend.

- The workshop will provide information on communication styles, healthy boundaries, handling stress, family dynamics as well as how to support, love and understand your child/teen.
- This workshop is for parents and caregivers only. No childcare is provided for these sessions.
- You can call 691-6464 to register.
- Group Specifics:
 - Length: 3 weeks for 2 hours per week
 - Date and Time: September 15th, 22nd and 29th. 3:00-5:00
 - Location: F.H Wigmore Regional Hospital