



Caronport Elementary School Weekly Memo for Parents



October 28-November 1, 2019

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<https://schools.prairiesouth.ca/caronportelem/>

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October 28-November 1, 2019 <i>Learning and Growing Together</i>			
MONDAY (28th)	Day 2		Chicken Taco Lunch forms and payments are due today.
		12:05	Choir
		4:00	Boys Vball Game – Prince Arthur Here
TUESDAY (29th) K Day	Day 3	8:00	Percussion & Flute Sectionals
		12:05	Band
		3:30-5:00	Girls Vball Practice
WEDNESDAY (30th)	Day 4	8:00	Full Band Practice
		12:05	Choir
		12:45-1:20	House Activities – Dress in colors.
		3:30-5:00	Girls Vball Practice
THURSDAY (31st) K Day	Day 5	12:05	Band
		2:25-3:20	SLC Gr. 5-8 Talent Show/Popcorn Sale \$2/bag Everyone Welcome!
		4:00	Girls Vball Quarter Finals Here
FRIDAY (Nov 1st)			Prep/LIT Day – No Classes

DATES TO REMEMBER

Friday, November 1st – School Interviews will open. Our Student-Led-Conferences will be sprinkled throughout mid-November, after school, and on Wednesday, November 20th in the evening. You should receive an email on Nov. 1st to sign up for Student-Led-Conferences with your child and their teacher.

Monday, November 11th – Remembrance Day – No Classes

Tuesday, November 5th – SLC ‘Dress Like a Book/Movie Character’ Day

Tuesday, November 5th – SCC Chicken Taco Lunch

Tuesday, November 5th – PARENTING WORKSHOP: "Rest in a Restless World: Helping a Child with Anxiety" 6:30-8:00 pm (See information below)

Tuesday, November 12th – 6:30-7:30 pm Understanding Your Child’s Progress Report (See Below)

Friday, November 15th – Annual SCC Fall Dinner

PARENTING WORKSHOP:

"Rest in a Restless World: Helping a Child with Anxiety"

On November 4 and 5, the BCA staff will be engaging with [Tamara Neufeld Strijack](#) of the Neufeld Institute to learn about how we can best understand and meet the needs of our newest generation of students. She will be interacting with us around research from her latest book, [Reclaiming Our Students: Why Children Are More Anxious, Aggressive, and Shut Down Than Ever—And What We Can Do About It](#).

We are so convinced of the pressing need to engage deeply with our students in an informed way that we have contracted with Tamara to provide learning development for our staff from the perspective of a Christian professional. We would like to extend that partnership to you, the parents of our students. Please see the full details below of our **Nov. 5** special event. Bring your friends and your neighbours, your kids' youth pastors, grandparents, aunts and uncles--anybody who is building into the lives of your children. We all need to put more tools in our parenting and mentoring toolkits!

November 5, 2019: 6:30pm - 8:00pm

[Tamara Neufeld Strijack](#)

Tamara is the Academic Dean of the Neufeld Institute, where she develops and delivers courses and workshops on child development for parents, teachers and helping professionals around the world. Tamara has worked with children and adolescents in various roles over the last twenty-five years. Currently, she works as a Registered Clinical Counsellor and Parent Consultant. As a sessional instructor for the Faculty of Education at Vancouver Island University, Tamara lectures on child development from a relational and developmental lens. As Dr. Gordon Neufeld's daughter, Tamara offers a unique inside view, bringing together her own experience and insight with her father's theoretical material. Connection, relationship and play continue to be central themes in all her roles, both personally and professionally. Tamara has two daughters and lives on Vancouver Island.

[The Neufeld Institute: Making Sense of Kids Development Science in Practice](#)

Community Learning Evening: "Rest in a Restless World: Helping a Child with Anxiety"

Our world is not an easy place to live. More and more children and adolescents are being affected in various ways – reacting not only to the alarming world around them, but often to their own internal alarm. Understanding where some of this alarm comes from, as well as how the bodies and minds of our children handle this alarm, gives us insight into ways that we, as parents and caregivers, can help. Developing and maintaining a strong connection with our children and adolescents is key to this process and to helping our children feel emotionally safe and at rest.

Date: November 5, 2019
Time: 6:30pm - 8:00pm
Location: Edwards Chapel
[Briercrest Academic Complex](#)

Light Refreshments Provided

Donations to offset the cost of this opportunity will be gratefully accepted.

Please RSVP by **Oct.29** to Jolene.

[Email](#) or phone (306-756-3303)

RSVP

We'd love to know that you're planning to join us so that we can prepare well for the event. However, we don't want people to feel that they can't join us last minute. We'd love to have you with us no matter what!

Understanding Your Child's Progress Reports

There have been many changes in education over the last decade that may leave parents/guardians somewhat muddled. One of these changes has been Outcome Based Assessment. Our Superintendent of School Operations, Darran Teneycke, has offered to better explain this way of assessing your child on November 12th from 6:30 – 7:30 pm in the Caronport Elementary School Library. Knowing that many of you have young children, we will offer a babysitting service in the gym. Please email or call Carol Eby with the number of children you will be bringing so that we can plan for sitters appropriately.

SCC Sponsored Caronport Community Fall Dinner



Friday, November 15, 2019

11:30 am - 1:15 pm

Senior Sitting 11:15 am

Caronport Elementary School

Take-out is also available

Everyone welcome!

Tickets Available: Caronport Elementary School or
call 756-2212 to reserve.

Prices: Adults \$12.00
CES/BCA \$8.00
Preschoolers: FREE
FAMILY rate: \$40.00

This event is a fundraiser for Caronport
Elementary School.

GARDEN SALE!!

The Garden Club will be
selling beets and salsa at the
fall dinner on November 15th.



Frozen Beets: \$5



Salsa: Big jars \$6;
Medium \$4; Small \$3

Proceeds go back to the garden.

It's not too late to register for skating!

www.caronportrec.com

Oct.21 - Dec.13 Jan.3 - Mar.22

Join one or both of our winter skate sessions.
Check out the website to sign up and
for more details.

For kids ages +3





Parenting Calendar NOVEMBER 2019

<i>What</i>	<i>When</i>	<i>Who</i>	<i>Location</i>	<i>Contact Person</i>	<i>Details</i>
DAD's Group	Monday November 25 6:00-8:00pm	Dads	Moose Jaw Family Wellness Centre 1000B Albert St W	Krista 306-630-2406	PLEASE REGISTER Supper, childcare and transportation available upon request No cost
MOM's Group	Mondays November 4 & 18 6:00-8:00pm	Moms	Moose Jaw Family Wellness Centre 1000B Albert St W	Michelle 306-631-4402	PLEASE REGISTER Supper, childcare and transportation available upon request No cost
Postpartum Depression Support Group	Fridays 9:30-11:30am	Postnatal Moms & Dads	Fairview Family Centre 665 Fairford St E	sue.rader@ saskhealthauthority. ca	Weekly Drop In Recovery Tips & Support No cost
Well Baby Service	Thursdays 2:00-4:00pm	Parents with Infants 0-6Weeks	Moose Jaw Family Wellness Centre 1000B Albert St W	Public Health 306-691-1500	Open to everyone An opportunity to meet one on one with a Public Health Nurse No cost
Pregnancy & Infant Loss Support Group	Wednesday, November 6 7:00-9:00pm	Open to all	Moose Jaw Family Wellness Centre 1000B Albert St W	Cindy 306-690-8462	For more information contact icpcmoosejaw@gmail.com No cost
Parenting After Separation & Divorce	Saturday November 16 9:00am-3:00pm	Adults	Location given at time of registration	(306)787-9905 or 1-888-218-2822	REGISTRATION MANDATORY No cost No childcare
Active Parenting 5-12	Tuesdays Nov 12-Dec 17 6:00-7:30pm	Parents & Caregivers of children 5-12 years	Moose Jaw Family Wellness Centre 1000B Albert St W	Michelle 306-631-4402	Please register Childcare & transportation available upon request No cost
Prenatal Class	Saturday November 23 9:00am-12:00pm	Prenatal Families	Katherine Klassen Room Dr. FH Wigmore Hospital	Public Health 306-691-1500	No cost No childcare

If you know of any other parenting program being offered or would like further information please contact: 306-691-1598 or email katherine.knudson@saskhealthauthority.ca