

## E-cigarettes and Vaping

A growing concern among educators and parents is the use of electronic cigarettes and vaping products by youth. We want to remind everyone that the use of tobacco, e-cigarettes and vaping in any form by students, employees or other people is not allowed on our school grounds or in our buildings. Students caught smoking, using, or in possession of the prohibited products in or near the school will be subject to school procedures. E-cigarettes and vaping can be harmful to the user and to people exposed to the second hand e-cigarette smoke. Like regular cigarettes, e-cigarettes with nicotine are linked to a many harmful effects on children and youth—from addiction to disruptive effects on the developing brain. Please read the Canadian Pediatric Society's recommendations on protecting children and youth from the dangers of e-cigarettes:

Here is the link to the Canadian Pediatric Society's recommendation:

<https://www.caringforkids.cps.ca/handouts/e-cigarettes-a-danger-to-children-and-you>

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