

KCS Connections

Kincaid Central School Box 90, #10 Youth Avenue Kincaid, SK S0H 2J0 "A Great Place to Grow"
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Principal's Message – Mr. Shane Onraet
December 15, 2015

The final week of the 2015 school calendar has arrived making this the last issue of our KCS Connections prior to the Christmas break. Time has passed quickly here at school as we have been busy with the tasks of teaching, learning, and extra-curricular activities throughout the fall. Winter will officially arrive on the calendar in a few short days and students and staff are looking forward to a well-deserved Christmas break prior to the start of 2016. We hope you are able to enjoy some quality family time and relaxation while you keep the home fires burning.

The last Christmas concert practice has taken place and the performance is set to hit the stage for all to enjoy. Students and staff are eager to present their Christmas gift to our community this evening at 7:00. We look forward to an inclusive K-12 concert as well as to our Kincaid Community Playschool addition to the evening. I am certain their presentation will be delightful. Everyone has worked very hard to bring all the details of the concert together. We hope you are able to join us and cherish the end result.

KCS students chose a card from our Christmas tree during the first week of December in preparation for the K-12 gift exchange. The card contains a gift tags with the grade and gender of the student they are to provide a gift for as well as a list of suggestions if you need an idea of what interests students at that particular age. Homeroom teachers are keeping track of which gifts have been delivered as we prepare for the Christmas activity day.

On that topic, **Christmas Activity Day** has been set for *Friday*, *December 18th*. This day is designed for students to enjoy various activities and celebrate the Christmas season as our K-12 school family. Buses will be running as normal for the day. We are looking forward to a positive, fun filled day for all students. **Thank you in advance to students and staff for contributing to a festive day.**

Our annual Christmas dinner will take place this *Thursday, December 17th from 11:30 to 1:00*. We are looking forward to having our school and community come together to share in the joy of the season. Thank you to our school families for supporting the dinner with a food donation. When we all work together great things happen! Best of luck to everyone who chooses to participate in our raffle. This year the prizes include \$50 gift certificate from the **Red Coat Inn**, a \$50 gift certificate from the **Grasslands Inn**, a ginger bread house donated by **Mrs. Jeannette Jalbert**, and a table-top tennis game as well as gift basket donated by **Amanda Pilgrim of Trends Hair & Nail Studio** in Swift Current. *Thank you to the businesses and Mrs. Jalbert for contributing to our Christmas raffle*. The proceeds go toward the cost of the hams, ice cream, and other treats at our Christmas dinner. We look forward to breaking bread and sharing fellowship with you in the spirit of the season.

Speaking of spirit our SRC is promoting positive school spirit this week with a variety of special dress-up days around the Christmas theme!!! Students and staff wore their favourite Christmas Hat yesterday, Ugly Christmas Sweaters are gracing our halls today, we are looking forward to wearing **Red & Green colours** on **Wednesday**, with **Thursday** being **Formal day**, and **Friday Pajama day**. Thank you to all students and staff for contributing to the positive school spirit we treasure here at KCS. **Your participation is a valued part of what makes KCS "A Great Place To Grow!"**

Mrs. Creasy has informed me that our KCS Community Spirit Calendar (Community Birthday Calendar) is well on its way to being completed. *You still have time to get your family information into the calendar this week if you call Mrs. Creasy with the details.* We truly appreciate your support of this SRC community project.

Thank you to community members, families, businesses, community groups and organizations that have contributed to our KCS leadership activities over the past calendar year. The cooperation and support from each person and organization helps to make KCS "A Great Place To Grow!" Thank you for your commitment to our students and school leadership programs.

One final thank you to students and parents for the holiday cards and treats that have been arriving at the staff room. We have enjoyed your baking and always appreciate your thoughtfulness. As we head into the holiday break, we at school wish everyone a *Merry Christmas* and a *successful and prosperous New Year in 2016*!!! We hope you enjoy some quality family time and relaxation while you keep the home fires burning over the Christmas break. Classes resume Monday, January 4th, 2016.

KCS EVENTS

DATE	EVENT
Tuesday, December 15th	KCS Christmas Concert
	7:00 pm
	Please join us!!!
Thursday, December 17 th	KCS Christmas Dinner
	11:30 – 1:00 pm
	All community members
	welcome!!!
December 18 th	Christmas Activity Day
December 19th, 2015 –	CHRISTMAS BREAK
January 3rd, 2016	©

LEADERSHIP & DEVELOPMENTAL ASSETS

Leadership and Developmental Assets are a focus in our small school. We provide activities for our students to help them grow in these areas.

If you are interested, you can show your support for these important learning opportunities by giving a donation to this fund. You will be recognized on the front page of the KCS Connections for your support.

HEALTH NOTES

Help kids enjoy their way to a healthier lifestyle! One hour of physical activity every day: at home, at school, at play. Every step counts!

Physical activity plays an important role in the health, well-being and quality of life of all Canadians, and it is particularly important for children and youth. **Habits formed early can last a lifetime.**

How much physical activity do children need?

Children aged 5-11 should accumulate at least **One hour of moderate to vigorous-intensity physical activity daily**. But more is even better!

Children 12-17 get stronger by doing activities that **build muscles and bones** at least **three days** a week. Combining **aerobic and strengthening activities** will improve their health and well-being.

NUTRITION CORNER

Roasted Dijon and Apple-Glazed Turkey with Fruited Stuffing

Ingredients:

- ✓ 2 1/2 cups chicken broth
- ✓ 2 small Granny Smith apples, chopped
- ✓ 1 medium onion, chopped
- ✓ 1 (12 ounce) package of prepared stuffing
- ✓ 1/2 cup chicken stock
- ✓ 1 cup apple cider or juice
- ✓ 1/2 cup packed brown sugar
- ✓ 1/4 cup coarse-grain Dijon-style mustard
- \checkmark 1 (12 pound) turkey
- ✓ 2 tablespoons oil
- ✓ 2 (10.5 ounce) cans turkey gravy

Directions:

- ➤ Heat the broth, apples and onion in a 3-quart saucepan over medium-high heat to a boil. Reduce the heat to low. Cover and cook for 5 minutes or until the onion is tender. Remove the saucepan from the heat. Add the stuffing and mix lightly.
- ➤ Heat the stock, cider, brown sugar and mustard in a 2-quart saucepan over medium-high heat to a boil. Reduce the heat to medium. Cook for 8 minutes or until the glaze is reduced by one-third.
- Remove the package of giblets and neck from the turkey cavity. Rinse the turkey with cold water and pat dry with a paper towel. Spoon the stuffing mixture lightly into the neck and body cavities. Fold the loose skin over the stuffing mixture. Tie the ends of the drumsticks together.
- ➤ Place the turkey, breast-side up, on a rack in a large roasting pan. Brush the turkey with the oil. Insert a meat thermometer into the thickest part of the meat, not touching the bone.
- ➤ Roast the turkey at 325 degrees F for 4 1/2 hours or until the thermometer reads 180 degrees F., basting occasionally with the glaze. Begin checking for doneness after 4 hours of roasting time. Remove the turkey from the pan and let stand for 10 minutes before slicing.
- > Skim off any fat from the pan drippings. Stir the gravy into the roasting pan and cook over medium heat until the mixture is hot and bubbling, stirring occasionally. Serve the gravy with the turkey and stuffing.

Recipe Tips:

- Feel free to use your own stuffing and gravy recipes. Packaged items used for convenience.
- Bake any remaining stuffing mixture in a covered casserole with the turkey for the last 30 minutes of the roasting time or until the stuffing mixture is hot. Use an instant-read thermometer to check that the center of the stuffing mixture both in the turkey and in the casserole reaches 165 degrees F.

GRADE 2/3 TRIP TO THE KINCAID MUSEUM

The grade 2-3 class had a lovely field trip to the museums in Kincaid on December 2nd. Thanks so much to curator **Sharon Condie** for sharing her knowledge with the students.

The students had a wonderful time learning about the tools and ways of life many years ago.

The girls marvelled at the beautiful wedding gown and the boys were impressed with the buffalo skin jacket. All of the students were particularly impressed with the beautiful cash register. They were most curious about the bed pans...but not so much when they learned what they were!



The KINCAID BRANCH LIBRARY Of the CHINOOK REGIONAL LIBRARY Would like to hire a

PART-TIME LIBRARIAN

Starting in January 2016
Please email your resume to:
jmckendry@chinook.lib.sk.ca
or mail your resume before December 16, 2015 to:

Chinook Regional Library Headquarters 1240 Chaplin St. W, Swift Current, SK S9H 0G8 For more information about this position, please contact:

Jean McKendry at 1-306-773-3186



Congratulations to our very own Chanse Switzer

Chanse Switzer winning the Canadian Cowboys association finals for his 3rd year in a row in the Junior Steer Riding Event.



KINCAID HOUSING AUTHORITY

Is Seeking

BOARD MEMBERS

The Kincaid Housing Authority is appointed to manage and deliver the housing programs developed by
The Saskatchewan Housing Corporation.
If you are interested in volunteering to serve on the Board of Directors please contact the

Mayor of Kincaid (Cindy Gross)*

or the *Village Office* at 306-264-3910.



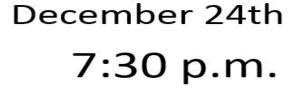
All I Need To Know About Life Learned From A Snowman

- 1) It's okay if you're a little bottom heavy.
- 2) Hold your ground, even when the heat is on.
- 3) Wearing white is always appropriate.
- 4) Winter is the best of the four seasons.
- 5) It takes a few extra rolls to make a good midsection.
- 6) There's nothing better than a foul weather friend.
- 7) The key to life is to be a jolly, happy soul.
- 8) It's not the size of the carrot, but the placement that counts.
- 9) We're all made up of mostly water.
- 10) You know you've made it when they write a song about you.
- 11) Accessorize! Accessorize! Accessorize!
- 12) Avoid vellow snow.
- 13) Don't get too much sun.
- 14) It's embarrassing when you can't look down and see your feet.
- 15) It's fun to hang out in your front yard.
- 15) Always put your best foot forward.

Christmas Eve Carol Service









Everyone Welcome

