



The local communities that are associated with our KCS are amazing in so many ways that benefit our students, school, and the communities in general. Recently our School Community Council (SCC) initiated a stage rejuvenation project in partnership with the Prairie South School Development fund. If the project is accepted the School Division will match locally raised funds for the project completion. ***The mission is to replace the sound system, lighting, and curtains in the gym with a goal of \$60,000 in total.*** This project will enhance the many functions that take place in our gym and contribute to the community as a whole. Households and businesses in our area will have received a mail out invitation to contribute a few weeks back. All donations over \$20 will be provided a tax receipt. Thank you to those who have accepted the invitation and sent in your donation. Every little bit helps and brings us closer to the goal. As part of the effort our SCC is holding a bake sale Thursday, March 24<sup>th</sup>. Students and staff have the opportunity to spend a toonie or two and enjoy some treats. **Thank you to our SCC and thank you to our generous community!**

Speaking of goals we are in the final stage of a ***Tell Them From Me (TTFM) online survey*** collecting feedback from parents, students, and staff on a variety of topics related to our school. We appreciate you investing a few minutes to complete the online survey which will help to guide our school's future decision-making.

**Term report cards** went home and **student-led conferences (SLCs)** have taken place. We thank students and parents for joining us at SLCs helping us to grow as an educational team. It is great to see students stepping up and leading their conferences in an affirmative manner. We are encouraged by the mature attitude our students take as they set realistic goals and establish positive supports to help them achieve their goals.

Today four members of the Ponteix detachment of the RCMP were in our school. They arranged this time to tour our facility with the intent of helping us to focus on safety and security for our students and staff. We have been practicing lockdown procedures to help our school be better prepared in the event we are ever in a threatening situation. ***We at KCS appreciate the need for such procedures and value the input of our local law enforcement personnel.***

You are aware that our school is participating in the **We Day initiative** and that many of our grade 5-12 students took part in We Day in Saskatoon in early March. Our grade 9/10 class has taken on the leadership role this school year planning the big picture focus for both our local and our global actions. I am very impressed by their behind the scenes work helping to bring attention to local needs as well as global challenges that face our world. ***Thank you for the guidance of Mrs. Rhonda Pilgrim as she helps our students to nurture and polish their leadership skills for the benefit of our local communities and the world as a whole.*** As part of our We Day initiative classroom groups are taking on a small portion of the big picture plan to raise funds for two purposes. The local goal is support for **STARS ambulance** with the global goal supporting **five pillars crucial to community development** (education, clean water & sanitation, health, agriculture & food security, and alternative income & livelihood). All the best to each classroom group for your efforts toward these worthy causes.

Our annual **"Mom's Pantry" fundraiser** was sent home this week and is due back **Thursday, April 7<sup>th</sup>**. Thank you to all who take part in this project. Proceeds from this fundraiser are used to support leadership activities which have an impact on our School Learning Improvement Plan (LIP). If you do not have a child in school and would like to participate please contact the school (264-3933) and we will help you with your order. Online ordering is available to us this year at [www.momspantry.ca](http://www.momspantry.ca). Our group name is **"Kincaid Central School"**, our Order Number is **134681** and the Group Passcode is **35969**. ***We appreciate your consideration and support.***

Congratulations to all who took part in the **Lafleche & District Music Festival** last week. This year was the 50<sup>th</sup> anniversary of the festival and as always an excellent celebration of music in our area. It was great to see our school choir take part and share their talent. **Congratulations girls!** Thank you to **Mrs. Laura Loverin** for leading our choir. Thank you also to **Mrs. Sherry Sproule**, our local music teacher, for her work with our students and our school choir. Your time and effort are valued as you promote the fine art of music within our communities.

Did you hear about the **Canoe to New Orleans** presentations we hosted? If not I encourage you to ask your children about it. **Dominique Liboiron** was in our school to promote student goal setting by sharing his experience during his canoe trip from Eastend, Saskatchewan to New Orleans, Louisiana. Dominique is a true story teller and captured the attention and imaginations of our K-12 students with his journey. You can check out Dominique's journey at [www.canoetoneworleans.com](http://www.canoetoneworleans.com).

Have you heard about **GymBlast**? If not I encourage you to take a few minutes to ask our grade 6-12 students about their experience. Four members of the GymBlast team joined us **Friday, March 11<sup>th</sup>** for a little friendly competition and leadership development. Cross-grade teams took part in zany team building activities and literally had a blast! It was an amazing opportunity for our students to let off some steam and bond as a school group. ***Thank you to all students for your positive enthusiasm and school spirit.***

Please join us tomorrow, **March 23<sup>rd</sup>** from 11:15-1:00 for our local **Heritage Fair**. Students from grades 4-8 have been busy researching, writing, and preparing their projects for you to enjoy. The final results will be on display and students will be ready to share their learning. ***Thank you to our local community members who have offered their time and energy to interview students about their projects.*** What an excellent way to model volunteerism for the youth of our community. Your efforts contribute to what it takes to make our community great!

**Easter Break** is in sight. The break will start at the end of this week with Good Friday, March 25<sup>th</sup> and continue through next week until Sunday, April 3<sup>rd</sup> with students returning to classes Monday, April 4<sup>th</sup>. ***In the mean time we wish you a Happy Easter.*** May you find time to enjoy family and friends during the break.

# KCS EVENTS

DATE	EVENT
Wednesday, March 23rd: <b>HERITAGE FAIR</b> Viewing: 11 a.m.-1 p.m.	<b>KCS Grade 4-8 HERITAGE FAIR</b> <i>Everyone welcome!!</i> <b>Lunch: Remember to order your Pizza Buns</b>
Thursday, March 24 <sup>th</sup>	<b>SCC Toonie Bake Sale for Stage Renovation</b>
Friday, March 25 <sup>th</sup> – Sunday, April 3 <sup>rd</sup>	<b>EASTER BREAK!</b> <i>Happy Easter!!!</i>
Monday, April 4 <sup>th</sup>	<b>CLASSES RESUME</b>
Mom's Pantry orders due: Thursday, April 7 <sup>th</sup>	<i>Please send in your Mom's Pantry orders</i> <i>Online ordering:</i> <a href="http://www.momspantry.ca">www.momspantry.ca</a> <i>Group Name:</i> Kincaid Central School <i>Order #: 134681</i> <i>Group Passcode: 35969</i>

## NUTRITION CORNER

### Banana Pudding Roll Ups

#### Ingredients:

- ✓ 2 medium flour tortilla
- ✓ 1 *Jell-O* Non-Refrigerated Chocolate Splat Pudding Snack
- ✓ 2 small bananas

#### Directions:

- ✓ **SPREAD** 2 medium flour tortilla with a *Jell-O* Non-Refrigerated Chocolate Splat Pudding Snack.
- ✓ **PLACE** a banana in each of the centre of the tortilla; roll up.

#### Variation:

Spread *Kraft* Smooth Peanut Butter onto tortilla before adding pudding and banana.



## LEADERSHIP & DEVELOPMENTAL ASSETS

Leadership and Developmental Assets are a focus in our small school. We provide activities for our students to help them grow in these areas.

**If you are interested, you can show your support for these important learning opportunities by giving a donation to this fund. You will be recognized on the front page of the KCS Connections for your support.**

# HEALTH NOTES



## 1. Get Ready

- Pledge to make **one** small healthy change and stick with it.
- Think about where you could easily make a positive change in your eating habits.
- Set yourself up for success. Make goals that are specific, measurable and “doable”.

## 2. Get Nourished

- Start the day with a nourishing and balanced breakfast.
- Pack a healthy lunch and stash healthy snacks in your lunch bag
- Choose water instead of sugary pop and specialty hot drinks.

## 3. Get Portioned

- How much you eat is just as important as what you eat.
- Eat only as much as you are hungry for; stop eating before you feel too full
- Estimate food portions with your hands: 2handfuls of vegetables, 1 hand-ful of grain products, 1 of meat and alternatives. Round the meal off with a glass of milk.

## 4. Get Creative

- Healthy eating doesn't have be bland. Try something new.
- Download and check out the Cookspiration app at [www.cookspiration.com](http://www.cookspiration.com)

## 5. Make it Stick

- Think about what might get in the way of you choosing a healthy life.
- Check out other tips to beat stress without food:  
[www.eatrightontario.ca/en/Articles/Alcohol/Healthy-Habits-to-Cope-with-Stress.aspx](http://www.eatrightontario.ca/en/Articles/Alcohol/Healthy-Habits-to-Cope-with-Stress.aspx)

# Kincaid School Community Council Connections Report

Submitted by **Charla Achter**

We are rolling right along with some fun activities for the remainder of the year! Our bucket challenge draws are going well and our outings have been well received by the students. They learn so much and it gives them an opportunity to know some of our community members in a different light and shows them what our community has to offer. Thank you once again to **SWT** and to **Girardin Seed Cleaning** for these awesome experiences!!! Our suggestion box is back in the hallway next to our bulletin board. Should students, parents, teachers or anyone have comments or suggestions we are always looking for input!

The SCC had our first bake sale last week and it went extremely well! Our next bake sale for the students will be held this Thursday at lunch hour! It is nice to provide the opportunity to purchase some tasty treats and raises awareness with the students about our Stage Upgrade Project. Thank you to **Angie Dash** for delicious baking and coordinating this fundraiser!

We were hoping to provide childcare during Student Led Conferences again this year. Unfortunately, schedules didn't permit it. Thank you for your understanding! We are always looking for assistance. If you have a few minutes to spare we are always looking for assistance with our activities! The SCC donated \$50 of our annual budget to support our Grade 9/10 Leadership Group and their goal of raising money for STARS Air Ambulance! Keep up the hard work, students.

Last but not least, we would like to thank our community members and businesses for their support in our Stage Upgrade project! Please keep the donations coming. We are doing well but have a ways to go! Please keep your eye out for upcoming events that will support this cause. If you have any ideas or know of accessible funds, please feel free to contact any one of our members! We are off to a fabulous start and know that with continued support we will reach our goal of \$30,000.00!!



**\* Thank you to the following community members and businesses for your tremendous support!!**

- ✓ Lance & Roxanne Empey \$350.00
- ✓ Doug's Junction Service \$1000.00
- ✓ Lane View Farms Ltd. \$1500.00
- ✓ Doug & Yvonne Schwab \$100.00
- ✓ Nina & Jean Bouffard \$100.00
- ✓ DS AG Ventures (Darrell & Sandra Senicar) \$500.00
- ✓ Red Coat Inn \$100.00
- ✓ Davidson Prairie Rose Ranch (Krista & Shawn Davidson) \$500.00
- ✓ LNH Grain Acres (Darryl & Violet Smith) \$1500.00
- ✓ Leon & Glenda Jacobs
- ✓ Playschool \$200.00
- ✓ The Onraet Family \$200.00
- ✓ Bryan & Holly Ross \$350.00
- ✓ Angie's Bake Sale \$227.00
- ✓ South West Terminal \$2500.00
- ✓ Sadowski Service \$500.00
- ✓ Barry & Gladys Raymond \$100.00
- ✓ Southern Digital Computers \$200.00
- ✓ M-Over-C Land Cattle Company (Julie & Neil Mackenzie) \$500.00
- ✓ Leonard & Louise Forester \$100.00
- ✓ The Creasy Family \$300.00
- ✓ Pinto Creek Vista Farm Ltd. (Chris & Charla Achter) \$300.00
- ✓ Brent & Ruby Ross \$200.00



# KINCAID BANTAM BADMINTON REPORT

On March 11<sup>th</sup> & 12<sup>th</sup>, the Bantam Badminton team co-hosted a tournament in Mankota. We had 5 players compete in singles, and 4 teams compete in doubles. The players all did very well and showed excellent sportsmanship. Congratulations to **Kyler S.** for winning the Bronze medal in Boys Singles. Our next tournaments are April 9<sup>th</sup> in Ponteix, April 15<sup>th</sup> in Glentworth, and Playoffs are April 23<sup>rd</sup> in Gravelbourg.



# LAFLECHE & DISTRICT MUSIC FESTIVAL REPORT

*Submitted by Darcy McLeod*

The Lafleche and District Music Festival is celebrating 50 years this season!

Voice performances started on Sunday, March 13<sup>th</sup> in the afternoon and finished on Tuesday night. Piano was Wednesday, March 16- Friday, March 18<sup>th</sup>. Friday night there was a 50<sup>th</sup> Anniversary Special competition sponsored by Dr. Pillay & Dr. Ramlakhan with \$500 in prize money to be won!

A 50th Anniversary Supper was also held on Saturday with 80 of the past and present Festival Board Members, followed by the Final Concert. We had several past Festival Performers join this year's participants for the concert!

Thanks to Sherry Sproule for teaching all the kids voice and piano! The students all did such a wonderful job of their pieces!



KCS Students: Raina, Paige, Marissa, Reece & Keira



KCS Students: Calli, Ayla, Lacie, Ella and Marissa



KCS Student Shyla W. (left) with voice students from neighbouring towns

## KDCSC TRIP OF THE MONTH #7 DRAW WINNERS

2014/2015 Kincaid + District Community Service Club Trip of the Month #7 Winners	
<b>MARCH</b> Disneyland Second Prize \$120.00 Doug Barker Tina Cojocar	<b>APRIL</b> Niagara Falls Second Prize \$120.00 Rhonda Pilgram Fred + Betty Hawkins
<b>MAY</b> Quebec City Second Prize \$120.00 Doreen Smith Grant Loverin	<b>JUNE</b> SKI Get Away Banff AB Second Prize \$120.00 Tom + Peggy Gardiner Bob + Gail Switzer
<b>JULY</b> Paris France Second Prize \$120.00 George Corcoran Jake + Belinda Hutton	<b>AUGUST</b> Aurora Houseboat Package Second Prize \$120.00 Michelle Thibault Travis + Candice Brisebois
<b>SEPTEMBER</b> Ixtapa Mexico Second Prize \$120.00 Loren + Sharon Condie Kelly Reid-Ward	<b>OCTOBER</b> Mineapolis Second Prize \$120.00 Laura Balas Joe Bouffard
<b>NOVEMBER</b> Retreat at Temple Gardens Second Prize \$120.00 John Robertson Debbie Robertson	<b>DECEMBER</b> Salmon Fishing Adventure Second Prize \$120.00 Keisha Aadland Rod Graham + Pat Williamson
<b>JANUARY</b> Stay and Play Golf Package Second Prize \$120.00 Lennie Gavelin Mark Ross	<b>FEBRUARY</b> Las Vegas Second Prize \$120.00 Kathy Loverin Jim + Ronda Robertson





**Grade 2 & 3 welcome another local historian, Glen MacKenzie from Hazenmore area, to tell some local stories and answer some questions pertaining to their Social Studies Unit on the History of Communities.**

**Thank you to the Onraet family for their donation of liquid paints to the primary classroom. They will certainly get put to good use.**



## **Prairie South Rainbow Café**

The GSA (Gay-Straight Alliance) is hosting an event for any interested high school students in the division.

**March 22, 2016  
Riverview Collegiate  
from 4:00-6:30 pm.**

Please contact **Roxy Johnston** (306-630-4267) or email if you have any questions

### **2016 Summer Job Postings**

#### **Head Lifeguard**

We are currently accepting applications for one Head Lifeguard. This is a seasonal full time position with approximate dates of employment from June until September 2016. Some evening and weekend availability will be required. Wage is based on qualifications and range from \$14.50 to \$16.50/hour. Additional benefits include the reimbursement of 50% of costs of the required training course and books over 2 years of employment as well we offer a campsite at no charge in a designated area of the park.

Required qualifications include NLS Lifeguard Certificate, Swim for Life & Lifesaving Instructor Certificate, and Standard First Aid/CPR-C.

#### **Lifeguards/Instructors**

We are currently accepting applications for Lifeguard/ Instructors. This is a seasonal full time position with approximate dates of employment from June 30<sup>th</sup> until September 2016. Some evening and weekend availability will be required. Wage is based on qualifications and range from \$12.50 to \$15.50/hour. Additional benefits include the reimbursement of 50% of costs of the required training course and books over 2 years of employment as well we offer a campsite at no charge in a designated area of the park.

Required qualifications include NLS Lifeguard Certificate and/or Swim for Life & Lifesaving Instructor Certificate and Standard First Aid/CPR-C.

#### **Junior Lifeguard**

We are currently accepting applications for Junior Lifeguards. This is a seasonal part time position with approximate dates of employment from June 30<sup>th</sup> until September 2016. Some evening and weekend availability will be required. Wage is based on qualifications and range from \$11.50 to \$13.50/hour. Additional benefits include a campsite at no charge in a designated area of the park.

Required qualifications include Bronze Cross, Standard First Aid/CPR-C.

#### **Senior Maintenance Staff**

We are currently accepting applications for one Senior Maintenance Staff. This is a seasonal full time position with approximate dates of employment from June until August 2016. Some weekends in June, and evening and weekend availability will be required throughout the summer. Wage is \$11.50/hour. Additional benefits include a campsite at no charge in a designated area of the park. A valid driver's license is required.

#### **Maintenance Staff**

We are currently accepting applications for Maintenance Staff. This is a seasonal part time position with approximate dates of employment from June until August 2016. Some evening and weekend availability will be required. Wage is \$10.50/hour. Additional benefits include a campsite at no charge in a designated area of the park.

To apply for a position please send a cover letter and resume to Board of Directors, Wood Mountain Regional Park, Box 14, Wood Mountain, SK S0H 4L0 or email at [woodmountainrp@gmail.com](mailto:woodmountainrp@gmail.com). We ask that candidates have their application in by **May 1<sup>st</sup>**.



**St John's  
Babysitting Course**

***This is your first job***

After taking this course, you'll feel confident that you can keep kids safe, secure and happy. The cost is just \$55.00 per person, this includes all materials, Basic First Aid and CPR training and a certificate from St John's Ambulance.

This 7 hour course is recommended for students 11 years of age or older \*\*\* (must be 11 at the start of the class)

**DATES:** April 9, 2016

**TIME:** 10 am – 5 pm (Saturday)

**INSTRUCTOR:** Cheryl Brulier

**LOCATION:** 201 – 3<sup>rd</sup> Ave West, Assiniboia Campus

**TUITION:** \$55 (Includes tuition + materials)

*\*Must bring a bagged lunch\**

**\*\*\*Payment must be made at time of registration\*\*\***

For more information call: 306-642-4287

or

To register call: 306-642-4287 or toll free at 1-866-999-7372

**MONDAY, MAY 30, 2016**

**9:00 TO 4:00 PM**

**HERITAGE INN**

**MOOSE JAW, SK**

**AUTISM:**  
**ENDLESS POSSIBILITIES**



For more information:

[mjprofessionaldevelopment@sasktel.net](mailto:mjprofessionaldevelopment@sasktel.net)



Moose Jaw Literacy Network  
District Branch



Friendly City Optimist Club Moose Jaw and



Registration available at: [www.mjprofessionaldevelopment.wordpress.com](http://www.mjprofessionaldevelopment.wordpress.com)

# THE FULL MOON TAVERN



Will be OPEN on

**Wednesday, March 23<sup>rd</sup>**

**at 5:00 p.m.**

***Come and see our "new" floor!!***

Check out our

**Facebook Page**

for our

***Daily Specials***

and Updates on the

**GRAND OPENING!**

(The Grand Opening is on

**Saturday, April 2<sup>nd</sup>**)

**Call 306-264-3616**

**106 - 1<sup>st</sup> Street East, Kincaid**