



To begin my message I would like to express my sincere apology to **Miss Robyn Morgan** for my mistake calculating the averages for the 2013-14 Governor General Award. I have spoken with Robyn and she has graciously accepted my apology and understands how the error occurred. The correction has been made to our school records as well as the official documentation that is kept in Ottawa. My hope is that this message will serve to make our community aware of the mistake and honour Robyn. ***Congratulations Robyn on your hard work and dedication that contributed to your receiving of the GG Award 2014.***

The KCS staff is in the process of finalizing our **School Learning Improvement Plan (School L.I.P.)**. As I mentioned in the first issue of the KCS Connections our goals will focus on reading comprehension across the grades as well as include a math problem solving focus for our grade 8-12 students. This year we will continue with the added support to help with our goals by way of Learning Improvement Teams (LITs). Our first early dismissal of the school year for LITs took place yesterday, Monday, September 21st. Please let us know if you need a new copy of the school year calendar which includes instructional days and early dismissal dates.

On the topic of goals our **student well-being goal** for this year has a focus on organizational strategies for all of our K-12 students. Our intent is to help our students to cultivate positive organizational strategies which will in turn help them to balance their busy lives leading to improved outcomes in school and life in general. Staff are looking forward to working with our students in this area and we will be asking for support from parents and community as well.

In my last Principal's Message I stated that the date for our **KCS Open House** to be October 21st when in fact it should be **Tuesday, October 20th**. Come out to enjoy a pot luck supper, meet the staff, see the improvements that have been made to our facility, and enjoy an evening of information related to student life and our school programs.

We will be hosting a **Live Different** concert at KCS 10:00 a.m. Thursday, October 8th. The theme for the performance is "*Own Your Story – Become an Author of Hope*" and it will "*encourage students to shift from being a passive spectator of their life story to being the author of it - creating a sense of identity, ownership, and hope for the future.*" **Parents and community members are invited to join the excitement for a nominal fee of \$5.00.** Please be prepared for a live band, presenters sharing their personal stories challenging you to analyze your actions in life. We thank parents and community members for your guidance and support being influential role models in the lives of our youth.

With a focus on leadership **approximately 20 students on our KCS SRC** (Student Representative Council) held a beginning of the year planning session earlier this month. As part of the meeting they discussed their personal strengths and collective goals for the SRC. They also brainstormed ideas to help them map out the year ahead for our student population. ***All the best to a motivated group of leaders with an outlook on maintaining our positive school culture.***

In order to help them attain their goals the SRC needs resources that will be provided through the **QSP fund raiser** which got under way today. All K-12 students participate and received their QSP packages today at our kick-off assembly. We hope you are able to find something that catches your eye in this year's campaign. The great thing about the magazine campaign is that you can start new subscriptions or renew your current subscriptions at a savings, at the same time as benefitting the school through the fund raiser. We chose QSP as they have a 100% satisfaction guarantee or your money refunded policy, which gives peace of mind for our supporters. ***Our campaign will run until October 14th which should be plenty of time to connect with family and friends to ask if they would like to support our school.*** If you already have magazine subscriptions and would like to renew them please contact any of our students or the school office directly and we will help you out. We appreciate your commitment to our students and our school.

Four members of the SRC and I travelled to Shellbrook last week to take part in the **Provincial Student Leadership Conference (SLC)**. **Roxann B., Hanna G., Davis W., and Kade G.** represented our school as they put on their leadership hats and joined approximately 600 student delegates from across the province. It was a tremendous learning opportunity for our students who are now better equipped to provide leadership for our students and school by engaging in the SLC Conference theme "*Fire is Catching.*"

Devin B. was certainly "on fire" capturing the **gold medal at southwest section golf playoffs September 11th** at Thomson Lake. Devin went on to district competition last week where he enjoyed a good front nine but ran into some challenges on the back nine. **Thank you, Devin, for representing KCS with pride and positive sportsmanship.**

In other athletic news volleyball is in full swing for our dedicated athletes and coaches. This year both our **Senior Girls** and **Senior Boys** are taking part in co-op teams with **Ecole Mathieu Gravelbourg** (formerly known as College Mathieu). Congratulations to our Senior Girls for their display of school pride and sportsmanship at their home tournament last weekend at Ecole Mathieu Gravelbourg. Thank you **Mrs. Laura Loverin** for your support of our Senior Girls. Best of luck this weekend when they travel to Rockglen. Our Senior Boys have had a successful season so far traveling to Yorkton and Regina, and then on to Swift Current this weekend. They will host their "home tournament" out of Ecole Mathieu Gravelbourg gymnasium the weekend of October 16 & 17. Mark your calendar and come out for some great volleyball action. Thank you to **Mr. Paul Promhouse** and **Mr. Mitch Forest** for their coaching enthusiasm. All the best to our Bantam Boys team as they travel to Ponteix this weekend. **Mr. Larson Flynn** & **Mr. Curtise Clement** have been working with our younger athletes helping them to develop their court skills and team attitude. As you know volleyball is a big season for our students and school and we thank parents and community members for your support of our Kougars!

Looking ahead you may be aware that we will be hosting the **2A Boys Provincial Volleyball Playoffs** at Ecole Mathieu Gravelbourg and Gravelbourg High School the weekend of **November 27th & 28th**. You may recall that we hosted this event in 2004 with the added bonus of bringing home the Bronze Medal. We sent a letter home in report cards last June asking you to consider volunteering to help. Thank you to those who have called to put your name on the volunteer list. If you would like to help out with this exciting event please call the school to have your name added to our volunteer list. Thank you in advance for your help!

In closing I would like to say thank you for contributing to a positive start to our school year. The support of our school communities is invaluable as we all play a part in the growth and development of our youth. All the best as you enjoy the fresh fall weather and set your sights on the Thanksgiving just down the road.

See your name here with a donation towards our school leadership activities.

KCS EVENTS

DATE	EVENT
Tuesday, September 22 nd	<i>QSP Fundraiser Starts</i>
Friday, September 25 th	<u>NO SCHOOL</u> <i>Driver Ed at KCS 9 a.m.</i> <i>Bantam Volleyball in Ponteix</i>
Friday & Saturday, September 25 th & 26 th	<i>Senior Boys Volleyball in Swift Current</i>
Tuesday, September 29 th	<i>Assiniboia Career Expo</i>
Thursday, October 1 st	<i>KCS Picture Retake Day</i>

NUTRITION CORNER **SHAKE UP YOUR BREAKFAST**

Tired of the same old, same old, every day?



Some new twists to
start your day off on
the right foot.



- Whole-grain cereal with milk or yogurt and berries
- Cooked oatmeal with milk and topped with raisins and almonds
- Whole-grain pita pocket with peanut butter and banana slices
- Soft boiled egg on whole wheat toast with orange slices
- Whole-grain English muffin with melted cheese and apple slices
- Scrambled eggs with red peppers and salsa wrapped in a tortilla
- Cheese with whole-grain crackers and sliced tomatoes
- Homemade raisin bran muffin with a frozen fruit yogurt smoothie
- Scrambled eggs, whole-grain toast, one cup of milk and sliced apples
- One-half cup of 100 per cent orange juice, yogurt with whole-grain cereal and hard-boiled egg
- Whole-grain toast with peanut butter, sliced apples, one cup of milk
- Small fruit smoothie with fruit, yogurt and 100 per cent fruit juice
- Yogurt parfait with plain yogurt, ground flax seeds and fresh fruit with 100 per cent fruit juice

LEADERSHIP & DEVELOPMENTAL ASSETS

Leadership and Developmental Assets are a focus in our small school. We provide activities for our students to help them grow in these areas.

If you are interested, you can show your support for these important learning opportunities by giving a donation to this fund. You will be recognized on the front page of the KCS Connections for your support.

HEALTH NOTES

How can you teach your child to eat healthy foods?

You don't have to change everything at once. This may help you avoid power struggles that may happen if you pressure your child to eat certain foods.

Start with small, easy-to-achieve changes such as offering more fruits and vegetables at meals and snacks.

Slowly cut down on soda pop and other high-sugar drinks.

At mealtime, serve milk and at other times of the day, serve water to quench thirst.

Keep a variety of foods available. Healthy and kid-friendly snack ideas include:

- String cheese.
- Whole wheat crackers and peanut butter.
- Air-popped or low-fat microwave popcorn.
- Frozen juice bars made with 100% real fruit.
- Fruit and dried fruit.
- Baby carrots with hummus or bean dip.
- Low-fat yogurt with fresh fruit.

FIRST DAY ASSEMBLY AT KCS

Lots of fun, teamwork, and using our 'noodles'

Meet the Teachers



Mr. Clement & Mr. Morgan from 'Teacher Central', introduced the staff and even had some interesting commercial breaks.

Lots to learn on our first day



Mr. Onraet gave us a lot of information, introduced the new students, and quizzed us on some of our school protocol.



We got to use our 'noodles'



Some staff members showed us how to play the game.



Coming Soon!



The GUS BUS
is coming to
Hazenmore!

Wednesday,
September 30, 2015
10:00a.m.—12:00 p.m.

Hazenmore

Community Hall

Come check out our
resources and enjoy
some time playing with
your children!
(ages 0-5)

This event is free and
everyone is welcome!



**DEVIN WINS GOLD AT
PRAIRIE SOUTH
SECTIONAL GOLF
PLAYOFFS – AWESOME!**



Devin receives his medal from Mr. Scribner



The winning crew. Congratulations!

**HAZENMORE
FOWL SUPPER**

Sunday, Oct. 18th

4:30 — 6:30 p.m.

Adults — \$12.00

11yrs and under - \$7.00

Pre- Kindergarten - \$4.00





**S.O.S.
Save Our Subscriptions
PLEASE IGNORE RENEWAL
NOTICES FROM PUBLISHERS
AND SUPPORT
YOUR CHILD'S EDUCATION BY
RENEWING YOUR
SUBSCRIPTIONS THROUGH
OUR SCHOOL QSP MAGAZINE
SALE THIS COMING FALL.
IF YOU WOULD LIKE TO RENEW
EARLY BEFORE OUR CAMPAIGN
STARTS VISIT WWW.QSP.CA,
AND OUR SCHOOL WILL STILL
BENEFIT !!
Kincaid Central School ID # is
3732369**

Parenting Your Anxious Child Group

This is a 5 week parenting group that teaches parents and caregivers how to support anxious children. The group is based on Cognitive Behavioural Therapy, which is found to be the best practice of managing anxiety. The group offers information suitable for children of all ages.

**Offered by Mental Health and
Addiction Services**

Facilitators: Krista Koch and Amy Cruz

Dates: **September 14**

September 21

September 28

October 5

October 19

Times: 6:30-8:30 pm

Location:

679 Hall St w. Strong Start Family Center

To register please contact Mental Health and
Addictions Centralized Intake at (306) 691-6464

NEWS FROM THE KINCAID SCHOOL COMMUNITY COUNCIL

The SCC helps support the Learning Improvement Plan for our school. This year the LIP is focusing on Academic Goals and Well-Being Goals. Toward the Academic Goals, the K-8 grades will focus on reading comprehension and the grades 8-12 will have a math focus.

To help with these goals, the SCC will continue with the "Bucket Challenge" that we created last year. The staff and students had to come up with some 'creative' ways to get the students to read more on their own. Some of the ways were: getting 'caught' reading when classwork is done; 'Big Guy, Little Guy' reading; no electronics/TV for the weekend; reading a whole book and giving a short oral summary to the class/teacher, etc. The staff/students will continue to add/subtract on their 'creative' ways. The more the students do, the more they get their names put into the "Bucket" for their grade. Once a month, members of the SCC will visit each classroom and a draw will be made for either a gift card or a book.

Please, if there are any 'creative' ways you can come up with to get a child's name in the bucket, send a note with your child for their teacher, contact an SCC member, or feel free to drop it in the suggestion box at the school. We are all ready and willing to receive new ideas and are open to great communication.

Stay tuned for more information.

Kincaid School Community Council