

KCS Connections

Kincaid Central School *Box 90*, #10 Youth Avenue Kincaid, SK S0H 2J0 "A Great Place to Grow" (306)-264-3933

school.kincaid@prairiesouth.ca

Principal's Message – Mr. Shane Onraet

April 13, 2016



I hope you had the opportunity during the Easter break to enjoy family time and create positive memories in your home. It seems April just started and here we are pushing half way through the month and headed toward the end of the school year. In just over two months we will be wrapping up another successful year at KCS. In the meantime classroom and extra-curricular activities are keeping us busy. All the best to our agricultural community as they finish calving and move into seeding. We send a gentle reminder on behalf of your children to focus on safety during this hectic season.

I cannot say it enough....thank you, thank you, thank you to the communities of Aneroid, Hazenmore, Meyronne, Glen Bain and Kincaid! We are very blessed to have tremendous support from all communities that are connected to Kincaid Central School, as well as communities in our trading area. I am so impressed by your response to the School Community Council (SCC) stage rejuvenation project. You may be aware that our SCC initiated this project in late February and the community response has been absolutely amazing. In less than six weeks our school community has raised over \$30,000 and this is not just a commitment from donors. The money is in the bank and awaiting the approval of our Prairie South School Division board and possible matching funds. I must remind you that these matching funds are not guaranteed and must go through the PSS budgeting process which should happen in May/June this year. If community members and businesses have not yet made a donation and are hesitant to do so because we have already met our goal please consider making one regardless. The original project quotes are for the larger equipment (sound, lights, fire retardant curtains) and do not necessarily include all of the smaller detail items which will enhance the overall project. Also, if the PSS budget is not able to match our locally raised funds then we are technically only half way to the \$60,000 goal. However the plan evolves, your donation will be used in appropriate ways to enhance the SCC project. Remember that all donations over \$20 will be provided a tax receipt. Once again I say thank you to our generous school community and to the SCC for their leadership on this project.

In relation to the stage project our SCC has stepped in to help by making our Drama Club Dessert Theatre into a **Dinner Theatre** this year with proceeds going toward the stage rejuvenation project. *Members of the drama club along with Mrs. Kelly Reid-Ward and Mrs. Judy Corcoran have been busy preparing for their production of "Dinner at Eight, Dead by Nine.*" The show is set to hit the stage **Thursday, April 28**th starting with *dinner at 6:00 p.m.* Tickets are available from *cast members* or by calling the school office and speaking with *Mrs. Peterson* or *Mrs. Creasy*. Come out to enjoy supper and an evening of entertainment as our budding actors/actresses share their talents.

As you can see our SCC is an active part of our school. They have met a number of times this year helping us to focus on our School Learning Improvement Plan (School LIP) and school enhancement projects. Thank you to council members for their input and support. We appreciate your commitment to our students and school. The SCC will be hosting their annual meeting and elections 7:00 p.m., Tuesday, April 26th. Everyone is invited to come out and hear what the council has been up to this year. Our SCC has seven parent/community members with two positions open for election this spring. We also have the option of filling two more positions for a total of nine. Please consider joining the council as it is an excellent opportunity to contribute to what makes KCS "A Great Place To Grow!" Nomination papers are available from Mrs. Creasy at the school office. We look forward to seeing you at the SCC Election meeting.

Congratulations to our **grades 4 – 8 students** who presented 31 research projects at our local *Heritage Fair* prior to the Easter break. What a superb display of interesting topics by motivated students! Thank you to **Mrs. Morgan** and **Mr. Flynn** for helping me to organize this event for our school. *Thank you to our community judges, Lois Toye, Darcy McLeod, Glen MacKenzie, and Arden Creasy, for your contribution to this learning experience for our students.* Your help in giving them an opportunity to be interviewed and share what they have learned added to their overall learning experience. Thank you also to parents and community members who took time to attend our fair and support our students' learning. All the best to the 5 projects from our local fair that will take part in the Regional Heritage Fair in Moose Jaw Thursday, April 28th. Students moving on are: *Emily G., Ava S., Isabella G., Emma C., and Ryley G.* The Regional Fair will be open to the public 5:00-5:30 for free. If you visit during museum hours there will be a cost to enter.

One of the exciting events of our spring season is **kindergarten orientation** as we prepare for the bright young faces of our new students. We are thrilled to have our playschool students officially join KCS this fall as they start their learning journey. Kindergarten orientation is scheduled for *Thursday*, *May 5th*. Information should be on its way home from the Playschool. If you have any questions please feel free to call the school office.

In sporting news our students are busy with **badminton**, **archery** and soon **track and field** will join the list. All the best to our KCS athletes as *badminton playoffs* and *archery provincials* take place over the next few weeks. **Thank you to Mr. Flynn**, **Mr. Clement**, **Mr. Promhouse**, **Mrs. Morgan**, **Mrs. Peterson and Mr. Morgan for stepping up to support our students in these extra-curricular activities.**

Our **2016 KCS Graduation** will take place *Friday, May 13th* and will include the formal Graduation Exercises, and a grand march. Our graduands have chosen the theme "*History in the Making*." We look forward to exploring this theme as we celebrate their academic journey the evening of graduation.

KCS EVENTS

DATE	EVENT
Friday, April 15	NO SCHOOL
Monday, April 18	Early Dismissal: 2:24 p.m.
	LIT Meetings: Teachers
Tuesday, April 26	SCC AGM & Elections
	7:00 pm
Thursday, April 28	KCS Dinner Theatre:
	"Dinner at 8
	Dead by 9"
	6:00 p.m.
Friday, April 29	NO SCHOOL



KCS DINNER THEATRE





Date: Thursday,
April 28th, 2016
At Kincaid Central School

Play by MICHAEL DRUCE

Time: Dinner @ 6:00 with Performance & Dessert to follow

Price: \$20.00 Advance Tickets Only All funds raised go towards SCC Stage Rejuvenation Project and Grad 2016.

Tickets available from performers, Mrs. Peterson or Mrs. Creasy PLEASE JOIN US ☺

LEADERSHIP & DEVELOPMENTAL ASSETS

Leadership and Developmental Assets are a focus in our small school. We provide activities for our students to help them grow in these areas.

If you are interested, you can show your support for these important learning opportunities by giving a donation to this fund. You will be recognized on the front page of the KCS Connections for your support.

HEALTH NOTES

MEATLESS MEALS

Meatless meals are a great way to add variety to your family meals. Many meatless dishes offer more fibre and are often less expensive than dishes that contain meat.

Pluses: Peas, chickpeas, beans and lentils are high in protein and fibre, and low in fat. They can often be used in place of meat in a recipe. Many meatless meals have international flare, such as the recipe that follows. Try having one meatless meal a week.

For recipes and information on pulses visit www.saskpulse.com

Here are some creative ways to serve meatless meals:

- Use chickpeas, black beans or other beans to make dips such as hummus
- Puree cooked beans or lentils and add to tomato based sauces for pasta or tacos
- Add lentils or split peas to soups and casseroles
- Add cooked chickpeas or lentils on a pizza
- Add nuts, seeds or chickpeas to salads and stir fries
- Make chili with beans, and skip the ground beef
- ➤ Use beans in tacos, quesadillas and burritos

NUTRITION CORNER

Teriyaki Rice Noodles with Veggies and Beans

- 2 cups brown rice noodles
- ➤ 1 Tbsp. cooking oil
- 1 small onion, diced
- ➤ 1 cup chopped celery
- 2 cups chopped carrots
- 2 cloves garlic, chopped
- 2 cups broccoli florets
- ➤ 1/2 cup reduced sodium teriyaki sauce
- > Dash of hot pepper sauce
- ➤ 1 can (540 ml) mixed beans, drained and rinsed
- 1. Prepare rice noodles according to package directions. Drain and set aside.
- 2. In a large skillet, heat oil over medium heat. Sauté onion, carrots and celery until onions are softened, about 5 minutes. Add garlic and broccoli; cover and cook for 5 minutes. Stir in teriyaki sauce, hot sauce, beans and rice noodles; cover and cook for 5 minutes.

Kincaid School Community Council STAGE UPDATE



THANK YOU!!!!! The Kincaid School Community Council is thrilled to announce that we have reached our \$30,000.00 fundraising goal!!! Our current total is \$31,801.75. Please keep the donations coming! We can use additional funds to purchase additional microphones or other equipment that will complement our new system. It also will give us a contingency budget in case our actual costs are higher than initially estimated!



John Robertson, President of the *Kincaid Lions Club* presents a cheque for \$5,000.00 to *SCC Chairperson*, **Nina Bouffard.** This money will go towards the Kincaid School Stage Upgrade.



- * Thank you to the following community members and businesses for your tremendous support!!

 These donations came in after the last KCS Connections:
- ✓ Kincaid Lions \$5,000.00
- ✓ Hawk's Agro (Central Butte) \$500.00
- ✓ GDM Farms (Gord & Darcy McLeod) \$2,000.00
- ✓ Laura Balas \$100.00
- ✓ Tanis Brisebois & Brandon Lussier \$50.00
- ✓ Eugene & Mona Brisebois \$200.00
- ✓ Brisebois Farms (Mona & Eugene Brisebois) \$300.00
- ✓ Lafleche Credit Union \$500.00
- ✓ Smith Grain Acres (Pat Smith) \$500.00
- ✓ South Country Equipment \$2,500.00
- ✓ Flying Acres Air Service (Jason & Karrie Gross) \$500.00
- ✓ Louise Walker \$100.00
- ✓ Angie's Bake Sale #2 \$237.75
- ✓ Anonymous \$50.00
- ✓ Stark & Marsh Management Group \$200.00
- ✓ KCS SRC \$750.00
- ✓ Kehoe Agencies \$1,000.00
- ✓ Flying Acres Enterprises Ltd. (Garth & Sharie Gross) \$2,500.00
- ✓ Hazenrock Farms Ltd. (Brian & Sharon Haubrich)
- ✓ Hillside Farms Co. Ltd. (Loren & Sharon Condie) \$500.00
- ✓ DCB Farms (Don & Carolee Blohm) \$200.00
- ✓ JB Wilson Farms Ltd. (Jim & Bonnie Wilson) \$250.00
- ✓ Terry Bouvier \$100.00
- ✓ KCS Choir \$100.00
- ✓ Robertson Sisters (Michelle, Taryn, Sara, Kirby) \$60.00
- ✓ Grant & Laura Loverin \$200.00
- ✓ Anonymous \$50.00
- ✓ Janis Holdings Ltd. (Murray & Penny Janis) \$1,000.00
- ✓ Russ & Isabelle Dennis \$150.00

Kincaid Central School Community Council Connections Report

Submitted by Charla Achter, Secretary

Our council met on April 11th. We celebrated that we have reached our \$30,000.00 goal for the stage upgrade project!!!! Our current balance is \$31,801.75. We are thrilled and overwhelmed by the support that we have received from everyone! Please keep the donations coming. We hadn't estimated for additional microphones and other accessories in order to keep the proposal at a managable dollar figure. All donated funds will be put to excellent use and it will also give us a cushion since estimates are estimates. Once again: Thank You ALL!!!

Sherry Bouvier is organizing an endeavour to collect pop can tabs at our school. They will be sent to an organization to be used for the purchase of medical devices. Please feel free to collect them at home and send them to school with your kids! It is a simple and easy way to make a difference in our province that doesn't cost a thing!

Our group is preparing to attend our Annual Meeting of Electors in Moose Jaw later this month. We would also like to remind you that our Annual Meeting is on April 26th @ 7:00 at the school. We are always looking for new members. If you would like to join our crew, please contact the school or our chairperson, Nina Bouffard for more information prior to the meeting.

We are also encouraging you to attend our schools' Dinner Theatre. It is to be held April 28th. Tickets are \$20.00. Proceeds from ticket sales will support our stage rejuvenation project and the graduating class of 2016. For more information or to purchase tickets please call the school!

Last but not least we would like to thank the R.M. of Pinto Creek for hosting the winners of this past bucket draw! Students toured the office, learned all about who the R.M. serves, what they do, and had a chance to check out their new grader! They had a great time, learned a lot, and were filled with all kinds of questions for *Roxanne* and *Russ*. Thank you for providing our winners with a great learning opportunity that was also tons of fun!

DONATIONS FROM THE KINCAID LIONS LOTTERY PROCEEDS TO DATE:

Kincaid School Stage Upgrade	(PSS): \$5,000.00
Sight & Service:	\$1,000.00
Dog Guides:	\$500.00
Telemiracle:	\$250.00
Lions Eye Bank:	\$200.00
Mankota 4-H:	\$250.00
Aneroid 4-H:	\$250.00
Club 29 (Hazenmore):	\$250.00
Club 50 (Kincaid):	\$250.00
Kincaid Cemetery:	\$250.00
Hazenmore Cemetery:	\$250.00
Meyronne Cemetery:	\$250.00
Glencaid Church:	\$250.00
Pinto Creek Ball:	\$250.00
Kincaid & District Playschool:	\$250.00
Figure Skating:	\$250.00

Grade 9/10 Leadership Report

Submitted by Eric V.

On Tuesday, April 26, 2016
at 7:00 pm
we will be having a
Movie Night
to raise funds for
Stars Ambulance
and the Five Pillars
related to our We-Day goals.

Due to Zootopia not being obtainable at this time we will be watching:





Popcorn and Drinks \$5



Kincaid Central School School Community Council Annual General Meeting and Elections

A general meeting for the purpose of presenting an

annual report and to hold elections for the

School Community Council of

Kincaid Central School

Will be held on

Tuesday, April 26, 2016

7:00 p.m. @

Kincaid Central School

School Community Council Policies and Procedures developed by the Board of Education regarding the elections can be viewed under the schools tab,

School Community Councils section on the Prairie South School Division No. 210 website: www.prairiesouth.ca

Parents and guardians of students attending Kincaid Central School and School Division electors residing in the school catchment area may stand for election to the School

Community Council and vote in the elections. The School Community Council is comprised of five elected parent and community members. Elections are being held to fill two of these positions.

Nominations of parents and community members interested in standing for election must be submitted on the official form and will be received up to the time of the election. Nominations are available from the Kincaid Central School Office and can be returned to Kincaid Central School prior to the election or be presented at the election.

Contact: Diane Creasy at 306-264-3933 Email: creasy.diane@prairiesouth.ca

GRAVELBOURG AND DISTRICT SWIM CLUB

REGISTRATION WAS ON APRIL 10TH, BUT PLEASE CALL ASAP IF YOU ARE INTERESTED IN THIS OPPORTUNITY FOR YOURSELF OR YOUR CHILD.

- ✓ Order swim suit and other items
- ✓ Ask questions
- ✓ Inquire about payment options
- ✓ Kid Sport applications will be available

The Gravelbourg and District Swim Club Inc. is a **competitive summer swim club** that has an intensive training season during the months of May, June and July. The swimmers are coached in stroke improvement, endurance, meet procedure and are encouraged to participate in swim meets.

* This year, the GSC is introducing a **NEW non-competitive program** for individuals who wish to improve their strokes and their fitness level during the months of May and June, but are not interested in competing at swim meets. ADULT swimmers are welcome here also!

All swimmers must be 7 years of age or older as of April 30 2016 and must have obtained a Red Cross Level 3 or equivalent to join the GSC. Swimmers 9 years or older must have obtained a Red Cross level 4 or equivalent.

Please contact us and we will be sure to answer any questions you may have and send you a brochure.

Thank you!

Debe Aussant

Phone: 306-648-3676

Email: raussant@sasktel.net

Sylvie Gauthier

Phone: 306-650-7119

Email: coachsylviegsc@gmail.com

Roxanne Brisebois Phone: 306-650-7957 brisebois.rp@sasktel.net

Francine Gauthier Phone: 306-648-2508

Email: gauthiermf@sasktel.net



We are extremely excited to announce that

Cheryl Hepworth

will be teaching at

McCord Hall –

SUNDAY APRIL 24

10:00 a.m. – 2:00 p.m.

4 hour program
Cost is \$48.00 plus 5.00 for hall
Rental / Lunch Total: \$53.00
Everyone is Welcome!

Pre-registration by April 20

Please call: Janet at 478-2577 or 640-8134

Cheryl is a Certified Raindrop Practioner. She is an Essential Oil Educator and is trained through The Center for Aromatherapy Research and Education, under Dr. David Stewart.

Come and learn the amazing truths about how Essential Oils can heal you at a cellular level. Bones, Muscles, Joints, Colds & Flu, Respiratory, Circulatory and Nervous Systems, and many more things we face today.

Course Content:

- > Where they come from
- > The 2 different kinds of oils in plants
- > How long they have been used throughout time
- Basic chemistry of essential oils ie: molecules and cells
- Our communication system
- > How pharmaceuticals work
- > PMS= Phenols, Monoterpenes, Sesquiterpenes
- > Electromagnetic Frequency\Orac
- How to know which oil to choose/ Blends/ Recipes

As an added bonus Cheryl will be booking <u>Raindrop Treatments</u> for anyone who would like one after the information course

in the hall.

Treatment Prices are: 30 min for \$40.00 45 min for \$50.00



On behalf of the

Pinto Creek Ball



we would like to thank the

Kincaid Lions Club

for their generous donation, and the

SWT

for their donation of chemical for the diamond upkeep.

Thank you to

Sandra Senicar

for all your hard work over the years as our **ball president/treasurer**.

Taking over her position is

Krista Ross and Tasha Nelson!

Financing Your Education

Wednesday, April 13, 2016 at 7:00 pm



Audience: Grade 11/12 students and parents from

Moose Jaw and surrounding area

Location: R.M. Hartney Library, Vanier Collegiate

Topics: Accessing RESPs

Student Line of Credits and Accounts

Canada-Saskatchewan Integrated Student Loans

Program

Scholarships/Bursaries/Awards

Presenters: Conexus Credit Union South Hill Branch Manager

Vanier Collegiate Career Counsellor

For more information contact: (306) 693-6744 Christa.lapointe@htcsd.ca





What Tasty Treats were to be had at Angie's (SCC) Bake Sale on March 24th

We at KCS could get used

to this!





Thanks, Angie!!



The **Kincaid & District Travel Club** is having a bottle drive. We will come pick up and any cans or bottles you are willing to donate, in order to raise funds for our trip to Italy in 2017. We will pick up donations of cans and bottles until May 1st, 2016. Please contact Hanna G. at 306-264-7705 to arrange a pick-up date.

Thanks in advance!

MONDAY, MAY 30, 2016 9:00 TO 4:00 PM HERITAGE INN MOOSE JAW, SK

AUTISM:ENDLESS POSSIBILITIES



For more information: mjprofessionaldevelopment@sasktel.net





Registration available at: www.mjprofessionaldevelopment.wordpress.com

DON'T JUDGE EACH DAY BY THE HARVEST YOU REAP, BUT BY THE SEEDS YOU PLANT.

Robert Louis Stevenson

Rritish Writer