



The first month of the school year is behind us and our busy curricular and extracurricular life at KCS is finding its rhythm. The Thanksgiving long weekend is appreciated as an opportunity for a break as we collectively catch our breath, and take some time to enjoy family and the bounty of our world as we prepare for the action packed months ahead. The arrival of Thanksgiving means we are well into the first quarter of the school year and *term one report cards* are just around the corner in *mid-November*. In the mean time we continue with curricular and extracurricular activities as we learn and grow with our students and community.

Grade 1-12 students and staff had the opportunity to learn and grow as we took part in presentations titled "*The Canada Goal – The Art of Focus*." The following is from The Canada Goal website and gives an overview:

- *Teaching learners how to learn* is a critical pillar to equip them with 'the tools' to make the most of their day(s). However, it appears that '*the desire*' is equally important – if not more of a significant factor at the root of one's ability to learn. Therefore, another main approach within *The Canada Goal* is to draw closer attention to self-awareness/worth, character development and self-discipline. When an individual can see themselves and their efforts as capable/valuable, they're more likely to form/maintain a productive mindset with the desire to succeed throughout the journey of life.
- *To assist young learners to internalize and translate important words* like '*focus, respect, honesty, responsibility, commitment, success, self-discipline, mindset, behaviour, vibrations & integrity*' into meaningful aspects of everyday life. The human mind/body will learn best when the individual is able to see themselves as valuable with the ability to look into their future with a positive attitude/perspective.
- *To add value toward learning/teaching in a respectful, comfortable and safe learning/working environment*. Theoretically, an individual can be most productive if growing (learning) in a surrounding environment that 'feels' safe/comfortable along with a distinct culture of focus/growth and positive – high vibrations. If the human body/mind feels threatened it is a natural inner reaction for it to prioritize energy toward protecting itself. This is valuable energy that can be utilized training the mind to think (focus) deeply – creating learning (memories) that last. This learning experience will assist learners to reflect on their behaviour and evaluate how they can positively influence themselves as well as their leaning environment.

Everyone is invited to our annual **Open House starting at 6:00p.m. Thursday, October 18th**. Our tradition of *sharing a potluck supper* has been a success in the past and we are looking forward to the same experience this year as we break bread and enjoy some positive community spirit. The evening will include a focus on our *School Learning Improvement Plan (LIP)* as well as time to visit teachers in their classrooms. **Open House takes place during Education Week, October 14th-20th**. The theme this year is "**A World of Learning for Every Student.**"

The fall volleyball season is well underway for our KCS athletes who are taking part on two senior and two bantam teams. Our *senior boys* continue their joint sponsorship team with École Mathieu de Gravelbourg (EMG). The boys will host their "*home tournament*" out of the *EMG gymnasium the weekend of October 12th & 13th*. Thank you to **Mr. Paul Promhouse** for sharing his coaching enthusiasm for our senior boys. All the best to our *bantam boys* team as they host their *home tournament October 13th here in our KCS gym*. Thank you to **Mr. Curtise Clement** for his commitment to our bantam boys. Our *senior girls* are part of a four-school joint sponsorship team including *Kincaid, Lafleche, Mossbank, and École Mathieu de Gravelbourg*. The team runs under the name *Southwest Lightning* and is coached by *Mr. Mitch Forest and Mrs. Chantelle Arams* both from EMG. Our senior girls will host their "*home tournament*" out of *École Mathieu de Gravelbourg gymnasium the weekend of October 19th & 20th*. Finally, we say best of luck to our *bantam girls* as they will be traveling to *their section playoffs in a couple of weeks on Saturday, October 20th at Lafleche*. Thank you to **Ms. Morgan Spiess and Ms. Priscilla Smith** for their commitment coaching our bantam girls. As you know volleyball is a big season for our students and school and we thank parents and community members for your support of our Kougars athletes! Mark your calendar and come out for some great volleyball action as you show your **Kougar Pride!**

Next week is Fire Prevention week in Canada. Thank you to **Mrs. Judy Corcoran** who has arranged for our **Kincaid & District Fire Department to visit the school with the fire truck on Wednesday, October 10th**. Our kindergarten students will have an opportunity to see the truck "up close and personal", ring the sirens, and learn about fire safety. Thank you to the volunteer firefighters for your contribution to educate our students about fire safety.



Thank you to those who took part in the "*59 Minute Challenge*." Funds raised go toward our extracurricular programs. The order has been sent to QSP and the **cookie dough will arrive Tuesday, October 23rd**.

On a related note our *grade K-6 students* are on the final thrust for their QSP fundraiser with **orders due Wednesday, October 10th**. All funds raised will go to student activities. We appreciate your commitment to our students and school.

It is that time of year when our SRC renews the **Community Birthday Calendar**. If you currently have a calendar you will have noticed the re-order sheet as you flipped from September to October. Calendars and Ads are the same price as last year. Thank you for your commitment to this worthwhile community project.

In closing I would like to say thank you to our KCS students, staff, and community for contributing to a positive start to our school year. The support of our school communities is invaluable as we all play a part in the growth and development of our youth. All the best as you enjoy family, food and friends in the spirit of Thanksgiving.

KCS EVENTS

DATE	EVENT
October 5 th & 8 th , 2018	No School
October 10 th , 2018	QSP Ends/Fire Truck Visit
Oct. 12 th /13 th , 2018	Sr. Boys @ EMG(Home) Sr Girls @ Ponteix
October 13 th , 2018	Bantam Boys Home Tourny
October 18 th , 2018	Kincaid Open House
October 19 th /20 th , 2018	Sr Girls @ EMG(Home) Sr Boys @ Moose Jaw
October 20 th , 2018	Bant Girls Playoffs - Laf
October 22 nd , 2018	LIT/Early Dismissal
 Next Connections: October 25 th , 2018 	

October 15th – 19th, 2018 – Education Week

Over the summer, *our phone system was upgraded* in the school as a cost savings to the school division. The phone numbers with the school have slightly changed. *Phone numbers 306-264-3955 and 306-264-*

3922 no longer exist. Our main school phone number will remain the same – 306-264-3933. Multiple lines will now ring into this number. The *student phone* will still be able to be used for *local outgoing calls only.*



CONNECTION DATES:

October 25, 2018

November 15, 2018

December 6, 2018

January 10, 2019

January 31, 2019

February 28, 2019

March 21, 2019

April 11, 2019

May 9, 2019

May 30, 2019

June 20, 2019

Grad - May, 2019

Awards - June, 2019

Please try to have your items sent in to Mr. Creasy before the day of publication.

creasy.arden@prairiesouth.ca

THANK YOU

The Kincaid Fire Department would like to thank *Cody & Kayla (Gross) Marshall* for asking us to run the bar at their wedding held on July 21/2018 to raise funds for the Kincaid Fire Department.

We would also like to thank the *Grassroots Coop* for donating \$0.10/liter on all pump sales on Tuesday September 18, 2018 to the Kincaid Fire Department.

Your willingness to help out our community Fire Department is very much appreciated.

KINCAID FIRE DEPARTMENT

WOULD YOU LIKE THE CONNECTIONS SENT TO YOU ELECTRONICALLY?

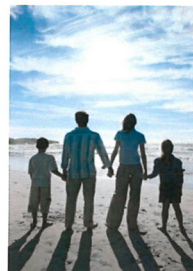
IF SO, JUST LET ME KNOW WHAT YOUR E-MAIL IS AND I WILL BE HAPPY TO ADD YOU TO MY LIST.

HAPPY READING!!!!

Arden Creasy
Library Associate, KCS
creasy.arden@prairiesouth.ca



ACTIVE PARENTING 5-12 Years



4 Tuesdays 6:00-8:00pm
October 2—23, 2018

Strong Start Family Centre
679 Hall Street West

Childcare & Transportation available

There is no cost to attend

PLEASE REGISTER
Nicole @ 306-631-4428



Looking for book reviews!

Anyone who has read a good book lately and would like to tell others about it, please let Mr. Creasy know and he might publish it in the Connections.

Mr. Creasy – creasy.arden@prairiesouth.ca
Library Associate
Kincaid Central School

As a KCS staff, we received this message in June and we had to keep it a secret until September of this year...

"I am a member of the **Saskatchewan Association of Student Activity Advisors (SASCA)** and we are the Saskatchewan division of the **Canadian Student Leadership Association**.

Each year we have the task of choosing a leadership advisor from our province that stands out to us as having made a **significant contribution to leadership in our province**. This year we chose your principal, Shane Onraet, as the recipient of the **CSLA Leader of Distinction**. Shane will be presented with this award in person at the Saskatchewan Student Leadership Conference in Langenburg in September. We will also recognize him nationally at the AGM of the Canadian Student Leadership Conference in Edmonton."



When asked to reflect on Mr. Onraet's leadership award and share some thoughts, this was our reply:

Mr. Onraet is an absolute champion of student leadership. It is a priority for Mr. Onraet to foster the leadership mindset and skillset in students so that it is embedded authentically in the culture of our school. He continuously guides and mentors students so that they can define the vision for their school, their connection to our school community, and their individual goals in life.

Mr. Onraet has an inclusive philosophy of student leadership. All students wanting to contribute to serve the needs of the school are included in the leadership team. As members of the SLC, they attend regular noon-hour meetings where Mr. Onraet guides them through the collaborative process of setting goals, creating the game plan for the year, and putting structures in place so that students can take the lead and make things happen. He understands that students learn from their mistakes as much as from their successes – he lets them experience both and then has guided conversations to encourage students to reflect on what was learned through the experience. As the year unfolds, our veteran student leaders become adept at doing what Mr. Onraet has modelled for them – they become mentors for new members of the SLC just as Mr. Onraet mentored the process for them.

As an administrator, Mr. Onraet orchestrates the year in such a way that all are able to shine and lead from

their area of strength, staff and students alike. While the KCS year unfolds with excellence, it seems to be effortless, but it is a result of thoughtful and reflective leadership at the helm. Mr. Onraet encourages others to take the lead in their area of expertise and interest – teachers, School Community Council, Educational Assistants, coaches, community members, parents - in such a way that each entity gets to shine. He does not micromanage. He trusts and encourages each stakeholder as they take their turn in sharing and leading in the area they are passionate about. As a result, many ambitious and successful extra-curricular events and projects happen throughout the year that enable students to find their forte and place to shine - track and field, dinner theatre, every imaginable sport from pole-vaulting that requires weekly practice in a city 350 KM away to hosting archery competitions, Graduation, We Day/We Act that raised \$10 000 to build a school in Africa and significant funds for Stars Ambulance, Awards Night, piano, voice lessons, and so much more. Making all of this happen for students takes solid leadership that fosters teamwork. Equally impressive and important is that it is all done while maintaining a commitment to protecting instructional time in the classroom.

Throughout the entire school day and in his life within the community, Mr. Onraet leads by example. He believes in the principles of leadership and lives by them. He immerses himself in learning about leadership and then makes a conscious effort to live by the principles he has learned. Mr. Onraet is often at school by 5:00 in the morning or late into the night to complete his own work so that he can be "free" to connect with staff and students as needed throughout the day. He knows that being a good listener and being available throughout the day is a key part of leadership.

Mr. Onraet also knows that while some conversations can be very difficult, they are a crucial part of growing and learning together. He does not shy away from critical conversations. With diplomacy, honesty, and respect for all involved, critical conversations will take place to ensure KCS continues to be a "Great Place to Grow."

Mr. Onraet takes the time to process and consider decisions and his response to situations. He understands the wisdom of the 24-hour rule and responds with thoughtful consideration rather than with a reactive or emotional response. Self-reflection, self-discipline, and self-directed learning have kept Mr. Onraet solidly on the path of authentic and effective leadership - he continues to learn and grow as a leader and he models this process for all who know him. Leadership is a journey, not a destination. In the words of Brene Brown, "To me, a leader is someone who holds her- or himself accountable for finding potential in people and processes." Mr. Onraet is true to this mindset. He fosters the leadership potential in everyone he works with and understands the processes involved to help others lead from their strengths. "Leaders don't create followers, they create more leaders." – Tom Peters

With appreciation for his hours of dedicated leadership to KCS students, staff, and community, we extend our congratulations to Mr. Onraet on this award. He is certainly most deserving of this recognition. We also wish him continued success as he completes his Masters of Education in Educational Leadership. We are confident he will find much success as he continues to follow his passion and his gift...

Digital Literacy and Its Growing Importance

Today's youth are constantly focused on technology and their devices, but that may not be such a bad thing. It can be argued that there is no longer a gap between online and offline, and that the two have become intertwined with each other. Students can change their roles within seconds of switching from app to app. For example, they are texting as a daughter, then posting on Facebook as a friend, and then updating their LinkedIn profile as an employee.

There are many dangers of the internet, such as cyberbullying, scams, malware, identity theft, and much more. That being said, there is a growing need for digital literacy. Digital literacy instruction can prepare students for these risks through being able to decipher what is true and what may be false information on the internet.

It is never enough to assume that "young people automatically have all of the skills, knowledge and understanding that they need to apply to their use of technology". (www.mediasmarts.ca). All young people need to be taught these skills to properly use the apps that they are using in order to safely utilize the amazing technology that they have access to. This means that as adults, parents, and caregivers, we must take the time to educate ourselves on this rapidly changing world of technology in order to equip them for safe use and to build their digital literacy for the future. [Dr. Alec Couros](#) from the University of Regina is an individual who focuses on digital literacy for both students and adults, and you can find more of his videos and articles on YouTube, Twitter, or by Googling his name. This is a topic of growing importance and it is so important to ensure that our kids know how to safely utilize these tools that are impacting their everyday lives.

Resources

<https://www.edweek.org/ew/articles/2016/11/09/what-is-digital-literacy.html>

<http://mediasmarts.ca/digital-media-literacy/general-information/digital-media-literacy-fundamentals/digital-literacy-fundamentals>



Congratulations Bantam Girls for winning a Silver Medal @ the Assiniboia Volleyball Tournament!

TEEN WELLNESS CLINIC

No Appointment Necessary
Drop-In Services
Confidential Services

- Birth Control
- Free Condoms
- STI Testing
- Free Pregnancy Testing
- Emergency Contraception

Monday—Friday
12pm—430 pm
Call 306-691-1500
Text 306-630-5278

*closed on STAT holidays
Public Health Services
#107-110 Ominica St. W.
Moose Jaw, SK

Saskatchewan Health Authority
saskhealthauthority.ca



ABC Health Matters

October is Health Literacy Month!

October is Health Literacy Month, a time for Canadians to increase their understanding of health information so they can take charge of their health.

In recognition of Health Literacy Month, ABC Life Literacy Canada has developed new resources for patients and health care providers as part of the *ABC Health Matters* program.

These new resources, available for free download, include:

Health Passport – pocket-sized guide for patients when speaking with health care providers

Medical History Card – a place to keep track of your medical history

Tips for Your Doctor Visit – sample questions for patients when speaking with their doctor

You and Your Pharmacist – details of support available from your local pharmacist

Your Rights as a Patient – your rights and responsibilities as a patient

Caring for Loved ones – tips for caregivers for how to support and advocate for someone under your care

Tools were also created for health care providers to support communication with patients. Access the nine new resources at ABCHealthMatters.ca

Read the news release: [Health Literacy in Canada Still an Issue](#)

Information Session for

NEWCOMERS TO CANADA

Assiniboia & District Public Library
Kay Cristo Room

October 24

7:00 pm

Contact:

Moose Jaw Newcomer Welcome Centre @ 1-306-692-6892



Funded by / Financé par:



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada

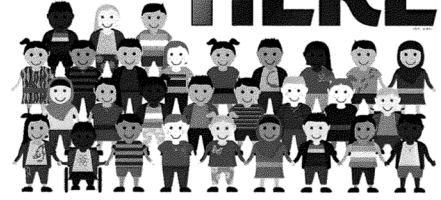


*Our KCS website is currently undergoing
improvements!*

Check out

*<https://schools.prairiesouth.ca/kincaid/>
to see the progress!*

are welcome
ALL HERE



Newcomers to Canada Family Event

Join your Moose Jaw Multicultural Council SWIS (Settlement Worker in Schools) Worker at the Assiniboia Family Centre!!

Learn about the varying supports in place for your family, play games, create art projects and meet other newcomer families!

When: Wednesday, October 24th

Where: Assiniboia Family Centre

Time: 3:30-5:00pm



Funded by:



Immigration, Refugees
and Citizenship Canada

Financé par:

Immigration, Réfugiés
et Citoyenneté Canada



**Take the
opportunity to
read something!**



Ms. Spiess



My Favorite Colour Is:
Red & Purple

I am
Twenty
Four
Years Old

24

208th day of running after teachers



I love.....

Pizza
Sports

I can't believe.....

The school year is
already starting!