




Assiniboia Elementary School

713 4th Street East, Assiniboia, SK, S0H 0B0, (306)642-5981

<https://schools.prairiesouth.ca/assiniboiaelem/>

Find us on 

October, 2020

Principals Message

September is over and the month flew by! The staff here at AES has tried extremely hard to keep the routine very similar this September but with a few tweaks. We are having alternate recesses in designated zones, staff and students have their masks on during times in the classroom and hallways, and we are trying to have as much Phys Ed outside as we can. Thank you to all the parents and most definitely the students for understanding as we work our way through this 2020-2021 school year.

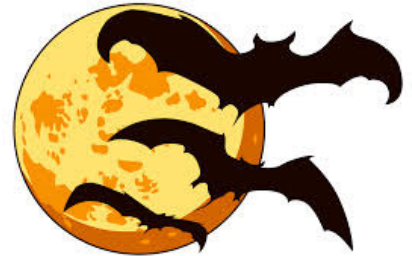
AES took part in the annual Terry Fox Walk this past Friday, September 25th. We kicked off the walk with a ZOOM meeting and video and the classes went for walks in their cohorts throughout the day. Again, not the way we usually run it but thank you to everyone for being flexible and supporting this great cause.

Please take note of the attached flow chart when your child develops symptoms while at school or home. This chart is provided by Prairie South and you can use these steps if you have any questions when to send your child back.

Thank you again for all your support during these unique times at AES.

Brian Ruthven

Principal



Important Dates

Oct 9

No Classes (Prep)

Oct 12

**No School
(Thanksgiving)**

Oct 14

SCC Elections

Oct 23

**Breakfast in a Bag
& PJ Day**

Oct 26

No Classes (Prep)

Oct 30

**Classroom Halloween
Parties**



AES Sports Update

Postponed until further notice

NO SCHOOL:

No classes Friday, October 9 (Prep Day) and no school Monday, October 12 (Thanksgiving). No classes Monday, October 26 (Prep and LIT Day).

SCHOOL ENTRANCE AND COVID-19 PROCEDURE:

Just a reminder that all parents **MUST** wear a **mask and sign in at the office**. (even if it is just for a minute). There is a table at the front door with disposable masks and hand sanitizer.

Also, if calling or emailing to excuse your child, please let us know if you are self assessing them for the virus. Thank you for your cooperation as we move forward through this new process.

HALLOWEEN PARTIES:

This year there will be **NO** costume parade or the annual Crazy Carnival activities in the gym. Students will have classroom parties instead. Your homeroom teacher will send you more information.

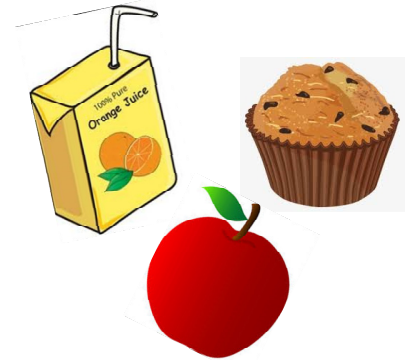


BREAKFAST IN A BAG AND PJ DAY:

Since we cannot have our annual Pancake Breakfast this year we are going to do something different. Each student will be getting a breakfast bag. Inside will be a delicious muffin, juice box, piece of fruit and a little gift waiting for them on their desk.

We will still have PJ day so please come to school in your PJ's.

This will all take place on **Friday, October 23.**



NUT AWARENESS:

Nuts are permitted at the school for lunches and snacks. If you are sending something to be shared with others (ex. class treat), please mark the container to show awareness for those who may have a sensitivity or allergy.



MSS PARENT PORTAL: IMPORTANT!!

Have you logged onto your Parent Portal yet? If you have not, please do so **before the end of October**. If you have forgotten your **username** please contact Mrs. Wandler; if you have forgotten your **password** please enter this temporary password **Parent#1** (you will be prompted to change the password once you have logged in). **NOTE: You MUST create the account on a computer** (not a mobile device or tablet). If you need to use a school computer to do this, please contact the school.

After you have created an account, you can log on anytime to see how your son/daughter is doing.

All report cards will be pushed out through the parent portal as well.

PRINTED REPORT CARDS WILL NO LONGER BE AVAILABLE.



Do you want to have **HOLIDAYS OFF** while **SUPPLEMENTING YOUR INCOME?**

Then consider becoming a . . .

SCHOOL BUS DRIVER



COMPETITIVE WAGES

May lead to a steady part-time position with a benefits package!



GREAT HOURS

Great opportunity for stay-at home parents, retirees, or home-based parents!



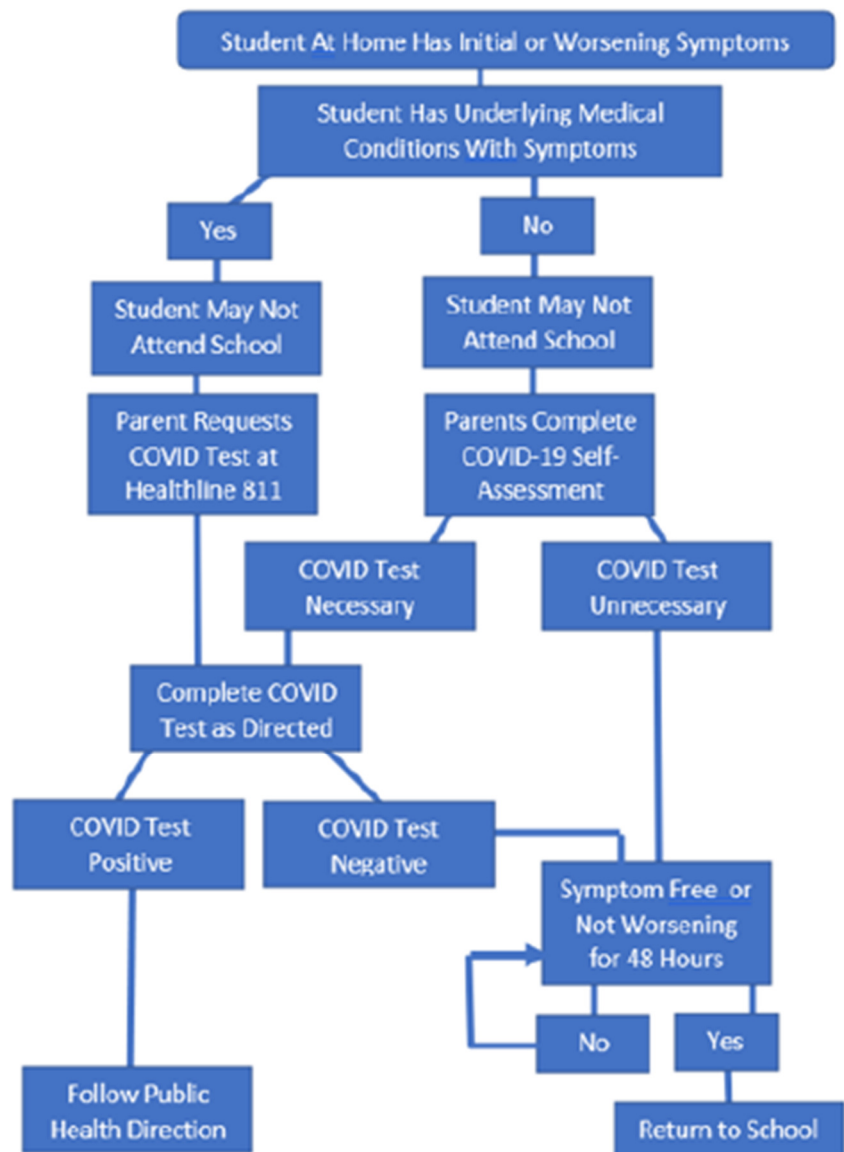
SCHOOL HOLIDAYS OFF

Enjoy having the summers off and all the same breaks as students!

Visit our website www.prairiesouth.ca and click on the Employment tab to get started or phone Transportation at 306.694.8750.

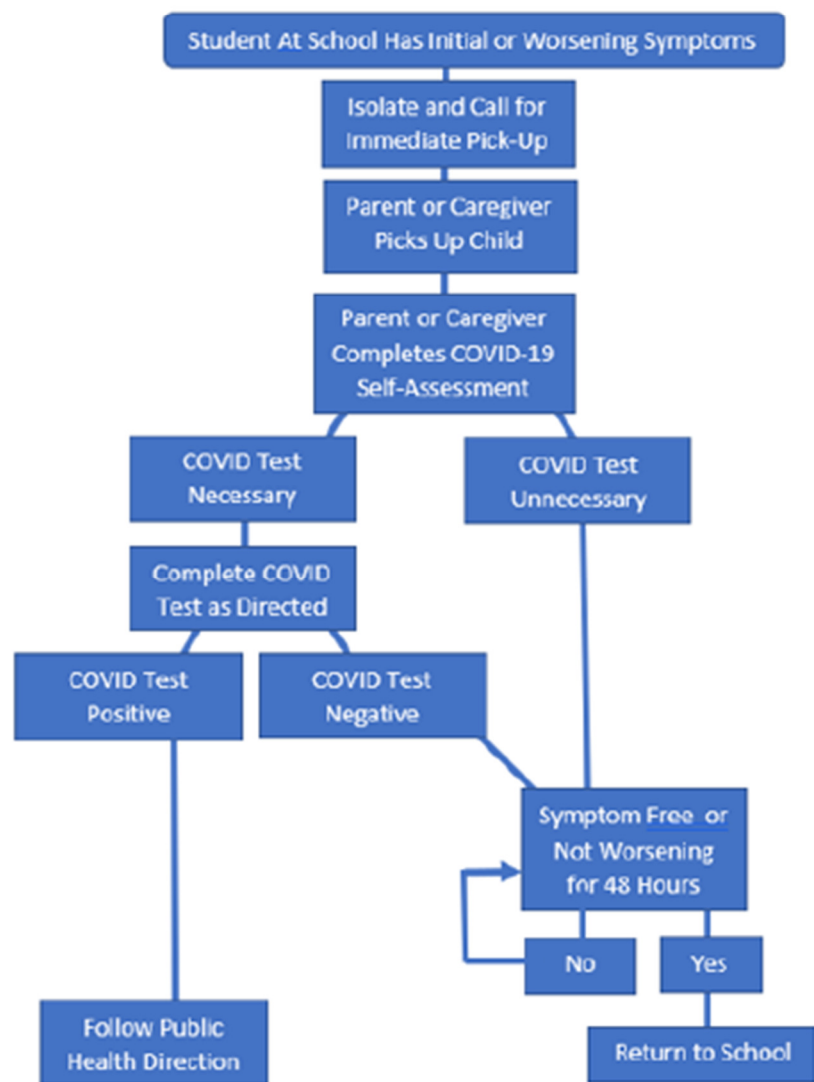


What happens when my child develops symptoms while they are at home?



Note for Parents: Some students may present with symptoms listed on this page because of seasonal allergies or other medical conditions. If your child has symptoms that are likely not COVID-related, please contact Healthline 811 to arrange for a COVID test. A negative test will reset the baseline for your child and they will not be sent home from school unless their symptoms worsen or additional symptoms become evident. Please notify the school of the date that a negative test result has been received with a description of underlying symptoms.

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MENTAL HEALTH PARENTING WORKSHOP INFORMATION

- The upcoming sessions are scheduled to be facilitated virtually, through a computer or phone, with preference being computer.
- Both workshops are for parents and caregivers only.
- To register please call Mental Health Intake at 306-691-6464.
- The Equip, Educate and Empowering Parents (E3) Workshop.
 - This group is appropriate for parents/caregivers who may be struggling with their teens on a variety of issues such as drugs, alcohol, anger and family conflict.
 - The workshop will provide information on communication styles, healthy boundaries, handling stress, family dynamics as well as how to support, love and understand your teen.
 - Sessions are 3 weeks for two hours per week.
 - October 6, 13, 20 - 6-8pm
 - Dec 1, 8 and 15 - 6-8pm
 - Jan 27, Feb 3 and 10 - 6-8pm
- Parenting Your Anxious Child Group
 - This group is appropriate for parents of children ages 6-15 who are exhibiting anxiety symptoms.
 - This group provides parents information on anxiety and a variety of tools to help support their children in coping with their anxiety.
 - The age range was recently adapted from 6-12 to 6-15
 - Sessions are 3 weeks for two hours per week.
 - October 7, 14, 21 - 6-8pm
 - Nov. 25 , Dec 2 and 9 - 6-8pm
 - January 12, 19, 26 - 1-3pm
 - Feb 23, Mar 2 and 9 - 6-8pm

THANK YOU!!!!

Assiniboia Elementary School staff and students would like to thank **Shoppers Drug Mart** of Assiniboia for sponsoring our Grade 5 Welcome packages. Shoppers... you rock!



Assiniboia Elementary School Community Council Annual General Meeting and Elections

A general meeting for the purpose of presenting an annual report and to
hold elections for the School Community Council of

Assiniboia Elementary School

will be held on

October 14, 2020 at 5:00pm

at

PAA Room – North Wing

School Community Council Administrative Policies developed by the Board of Education
regarding the elections can be viewed under the schools tab, School Community Councils
section on the Prairie South Schools website: www.prairiesouth.ca

Parents and guardians of students attending Assiniboia Elementary School and School
Division electors residing in the school catchment area may stand for election to the School
Community Council and vote in the elections. The School Community Council is
comprised of five to nine elected parent and community members. Elections are being held
to fill these positions.

Nominations of parents and community members interested in standing for election must be
submitted on the official form and will be received up to the time of the election.
Nominations are available from

AES and can be returned to AES prior to the election or be presented at the election.

Contact: Cheri Blackwell at 306-642-5981
Email: blackwell.cheri@prairiesouth.ca



NOTICE OF CALL FOR NOMINATIONS SCHOOL DIVISION ELECTIONS

Public Notice is hereby given that nominations of candidates for the office of:

BOARD OF EDUCATION MEMBERS PRAIRIE SOUTH SCHOOL DIVISION

Subdivision No. 1 (Areas of Central Butte, Chaplin, Craik, Eyebrow and Mortlach)	Number to be elected: 1
Subdivision No. 2 (Areas of Avonlea, Caronport, Lindale and Rouleau)	Number to be elected: 1
Subdivision No. 3 (Areas of Assiniboia and Mossbank)	Number to be elected: 1
Subdivision No. 4 (Areas of Bengough, Coronach and Rockglen)	Number to be elected: 1
Subdivision No. 5 (Areas of Glentworth, Gravelbourg, Kincaid, Lafleche and Mankota)	Number to be elected: 1
Subdivision No. 6 (City of Moose Jaw)	Number to be elected: 5

will be received by Stephen Robitaille, Returning Officer at the **School Division Office,**
1075 9th Avenue NW, Moose Jaw during the following dates and times:

8:00 a.m. – 4:00 p.m.

Wednesday, September 23, 2020 – Wednesday, October 7, 2020
(with the exception of Saturdays and Sundays)

Nomination forms may be obtained at the following locations:

1. Prairie South website: www.prairiesouth.ca
2. School Division Office, 1075 9th Avenue NW, Moose Jaw
3. City Hall, Moose Jaw (for Subdivision No. 6)

Election Day is Monday November 9, 2020.

Dated the 1st day of September 2020
Stephen Robitaille, Returning Officer





2020 - 2021 School Calendar

August 25 - 27	School Based Organization
August 28	PD
August 31	Prep Day
September 8	Classes Start
September 28	Early Dismissal (2:28)
October 9	No Classes - Prep Day
October 12	No School (Thanksgiving)
October 26	No Classes (Prep Day)
November 11	No School (Remembrance Day)
November 30	Early Dismissal (2:28)
December 18	Last Day of Classes
December 21 - 31	No School (Christmas Holidays)
January 4	Classes Start
January 29	No Classes (Prep Day)
February 15 - 19	No School (Winter Break)
March 5	No Classes (Prep Day)
March 29	Early Dismissal (2:28)
April 2 - 9	No School (Easter Holidays)
April 19	Early Dismissal (2:28)
May 10	Early Dismissal (2:28)
May 24	No School (Victoria Day)
June 28	Last Day for Students
June 29 - 30	School Based/Prep Day





COME JOIN IN
OCT. 13, 2020. 6:20 P.M

Gravelbourg Lions Den
Blue building beside the coop

P.O. Box 837
Gravelbourg, Saskatchewan
S0H 1X0

EMAIL: gravelbourgairecadets@gmail.com
Kriskelly74@gmail.com
www.canada.ca/join-cadets

Or online at

Being in the cadets you will learn attributes of leadership, engaged and active citizenship, discipline, effective speaking skills, physical fitness, team work, aviation and aeronautics all while learning about the Canadian Forces.

What do Cadets do?

Many different things which relate to flying.

- Gliding
- Precision drill
- Team sports
- Public speaking and leadership training
- First – aid
- Camping
- Music
- Summer camps

You will participate in activities during the weekly meetings and some weekends. You will support the community by taking part in citizenship events organized by your cadet squadron. This all happens in a fun, friendly, safe environment that will motivate you to give your best.

How old do I have to be to join.

You can join as soon as your 12th birthday and you can remain until you turn 19.

When do Cadets meet

Cadets meet once a week on Tuesday evenings from 6:20 p.m until 9:00 p.m. There is also some weekends throughout the school year. A cadet must participate in activities to remain in good standing at the squadron.

Will Cadet Training affect my schoolwork

Education is very important to cadets.

Training is a hands-on, activity-based program that should compliment school studies. The skills you develop at cadets will benefit your schoolwork. You'll be more organized, you'll be better able to focus and learn to work in a team.

Summer Training

Cadets can go to camp for 2 to 6 weeks, 7 weeks if you are staff, seniors only. There are a variety of courses. Each camp offers a unique mixture of outdoor activities and valuable instruction. Cadets receive pay to attend all camps. The Canadian Forces provides all the transportation, meals, lodging, and special equipment.

Courses offered at air cadets summer camps include training in leadership, instructional techniques, music, marksmanship, flying, navigation, meteorology, air traffic control, ceremonial drill, physical education, computer skills, survival training, aerospace studies and citizenship. Advanced Cadets can qualify for glider scholarships and powered flight scholarships. Cadets can also receive a credit for high in grades 10, 11 or 12.

Will I be expected to join the Canadian Forces

Absolutely not. Cadets is a great way to find out more about Canada

Or for more info go to: [Www.skac1.ca](http://www.skac1.ca)



NEW SCHOOL POLICY REGARDING LOCKED DOORS:

All doors will be locked except the front door. **ALL VISITORS, INCLUDING PARENTS, MUST WEAR A MASK AND SIGN IN AT THE OFFICE UPON ARRIVAL**

Save Money on Food

Try the following tips to help save money when feeding your family.

Plan before you go

- Make a list of you want to eat for a few days .
- Make a grocery list.
- Check what foods you have on hand. Use up fresh foods first.
- Get creative. Modify recipes to include foods you already have.
- Use less costly protein rich foods such as eggs, lentils, beans or canned fish instead of pricier meats.
- Plan for leftovers. For example, if you have roasted chicken one meal, use the leftovers to make a chicken stir-fry for another meal.
- Plan for homemade meals more often than eating out.



While you are shopping

- Stick to your grocery list. Choose a time when you are rested and not hungry.
- Try frozen or canned vegetables and fruit if fresh are more costly or not available.
- Buy large packages of meat, poultry and fish. Divide the food into smaller amounts. Label and store extras in the freezer.
- Compare the prices of different brands. Generic brands will often cost less.
- Watch for sales. Milk, cheese and bread can be bought on sale and extras stored in the freezer.
- Freeze fresh vegetables and cooked legumes for later use in soups, stews and sauces.

Written by: the Public Health Nutritionists of Saskatchewan (2020)
Distributed by: Melanie Warken, Public Health Nutritionist for the Moose Jaw area
melanie.warken@saskhealthauthority.ca



saskhealthauthority.ca

Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



Assiniboia Elementary
School
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PHONE CALLS AND MESSAGES:

To help eliminate distractions during instruction time we are asking parents to please leave a message for their child(ren) . All messages will be delivered to the classrooms and the students can return the calls during recesses and noon hour. In case of emergency we will put the caller directly to the student.

Morning recess is:

Grade 5/6 10:02 - 10:17

Grade 7/8 10:34 - 10:48

and afternoon recess is:

Grade 5/6 1:42 - 1:57

Grade 7/8 2:13 - 2:28

Also, please call the school to excuse any absenteeism. Your co-operation is greatly appreciated.



ELECTRONIC DEVICES:

Students are asked to leave their valuables at home. If they are lost or stolen at school, we will not be held responsible. All personal electronic devices and cell phones are not allowed to be used during the school day. We promote the development of social skills through good old-fashioned communication. Talking and playing physical games is encouraged during recesses and noon hour.

