



# Monthly Newsletter

March 2024

Caronport Elementary School

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306-756-2212

<https://schools.prairiesouth.ca/caronportelem/>



## Upcoming Events in March

Mar 1	End of READ-A-THON Celebration!
Mar 1	Pre-K & Kindergarten Registration, for Sept 2024, Opens Online
Mar 6	Monthly SCC Mtg 7 pm @ CES – All parents welcome
Mar 8	Prep Day – No School
Mar 11	School Interviews Opens – You Will Receive an Email to Sign up for Student Led Conferences
Mar 14	SCC Literacy Event for all Families 6–8 pm – Details in separate attachment.
Mar 20	SCC Mission/Vision Mtg 7 pm @ CES—All parents welcome
Mar 21	Report Cards Available for Viewing on MySchoolSask (MSS)
Mar 26	Student Led Conferences 3:30–8:00
Mar 27	Student Led Conferences 3:30–5:00
Mar 29	Good Friday – No School
Apr 1–5	Easter Break – No School

\* Reminder: To stay up to date with the current school events, please continue to check our school website regularly.

Dear Families,

February was a month filled with friendship, family, and fun! Valentine's Day was a hit, with students excitedly handing out Valentine cards to each other and throughout the community, as well as sharing treats, smiles, and kindness. We also celebrated Literacy Week by hosting our annual book fair. A huge thank you to Mrs. Olmstead for organizing and running the book fair again this year. We had so much excitement throughout the week of students visiting the library to do their browsing and shopping, along with families visiting the book fair during our special family shopping times. Thank you so much for your support of this great event! All proceeds raised from the book fair go directly back into our library. The following week, our 3rd annual SCC Read-a-thon kicked off. We worked to read across Canada! While kids focus on reading at school, we wanted to promote home reading as well. We encouraged families to read together during the February break, with hopes of keeping the minutes rolling in. A special thank you to our SCC for creating the platform to collect reading minutes, and for sponsoring this great event by purchasing a new game for each classroom. Thank you, SCC, for continuing to support our school's learning goals!

As we look ahead to the month of March, we will have a special SRC event to bring in St. Patrick's Day, we will be enjoying basketball playoffs and preparing for Easter, as well as report cards and Student-led Conferences. Report cards will be published on Thursday, March 21st . Student-led Conferences will be held Tuesday, March 26th from 3:30 – 8:00 p.m. and Wednesday March 27th from 3:30 – 5:00 p.m. We look forward to seeing you during these times to celebrate your child's learning. Report cards and conferences allow students the invaluable opportunity to showcase their achievements and set new goals for their final term. Staff and students at CES are continually striving for excellence in every area of learning and programming. We thank you for your partnership as we continue learning and growing together!

Sincerely,

Mrs. Neufeld



Register here:

[Student Registration – Prairie South School Division #210](#)

Please register as soon as possible to help us better prepare for the fall.

Once we receive your child's registration, we will be in touch with an additional form and information.

### Report Cards Published

Report cards will be available for viewing March 21st on MSS/Aspen. Please check now to see if you can log in: [Aspen: Log On \(myschoolsask.ca\)](#)  
If you have any trouble logging in, please contact Mrs. Eby at [eby.carol@prairiesouth.ca](mailto:eby.carol@prairiesouth.ca) as soon as possible.

### Cell Phones

Our staff recognizes there is a place for student cell phones. We know that students have cell phones to stay connected to you, as parents, before and after school. We also know that students need to concentrate on their learning. For all educational programming, the school provides all technology needed for learning. Students do not require their cell phones during instructional times throughout the day. Therefore, when students arrive at school in the morning, cell phones will be placed in lockers. Cell phones will stay in lockers for the duration of the school day. Students may quickly check their phones as they are getting ready for recess and lunch, but cell phones must be put away and not kept in pockets, taken to public spaces like bathrooms, and are not allowed on the playground, in the gym, or in lunchrooms. If you need to get a message to your child during instructional hours, please call the school office. The school is not responsible for lost, stolen, or broken cell phones. Ultimately, we are striving to ensure optimal learning and safety for all students. Thank you for your support in this matter.

# CES STAFF TWO TRUTHS AND AN UNTRUTH CONTEST

## CONTINUES....



### **Mr. Loveridge - PE; Prep Coverage**

I'm in my university's hall of fame.

I have a tattoo.

I have a 1969 Shelby Mustang car in my garage that I am restoring

I think the untruth is: [click here](#)

### **Mrs. Leister - Grade 2/3 Teacher**

Basketball is my favorite sport.

I have a twin sister.

I am afraid of heights.

I think the untruth is: [click here](#)



### **Mrs. Walker - Grade 1 Teacher**

I ride a Harley-Davidson motorcycle.

I enjoy gourmet cooking.

I watercolor paint.

I think the untruth is: [click here](#)

### **Mrs. Neufeld - Principal**

My favorite food is turnips.

I have 3 dogs.

I live on a farm.

I think the untruth is: [click here](#)





## Student Representative Council



We celebrated Valentine's Day on  
February 14th by wearing pink & red!

Staff Representative  
Mrs. Smith

## Join the CES Facebook Group!

Open the camera on your phone and hold it over the QR code below. Click on the link in the pop-up that appears once the app detects the QR Code. This will take you directly to our Facebook Group.

Click 'Join'.

It's that easy!



## SchoolCash Link

[https://  
prairiesouth.schoolcashionline.com/](https://prairiesouth.schoolcashionline.com/)

This link can also be found  
on the CES Website.



In light of a few students with peanut and tree-nut allergies, we ask that any food brought from home is nut free. Thank you.



## **DRESS FOR THE WEATHER!**

Please continue to help your child come dressed appropriately for the daily weather conditions. Students are expected to go outside for breaks and will need to be dressed suitably. In the next month that may mean rubber boots, rain pants and a full dry set of clothes, or it may continue to mean snow pants, mitts, a scarf or face covering and boots.



Purchase the  
CARONPORT ELEMENTARY SCHOOL  
Yearbook

[https://  
www.treering.com/  
purchase?](https://www.treering.com/purchase?)



It's been a very fun February working on our reading goals through our 3rd Annual Read-a-Thon. Thanks to everyone who participated at home, especially over the February break! A huge thanks goes out to Natalie Mullan for all of the behind-the-scenes work to calculate totals for each classroom. As I'm writing this, the Read-a-Thon is still happening, so I don't have any totals to share just yet, but I do know that all classes will be receiving fun board game as rewards for their hard work.

Save the Date! We have a Literacy Night event on Thursday, March 14th from 6:00pm-8:00pm in the CES Gym. This event is open to all CES families and is meant to be a time to play literacy-based board games together. The SCC will be providing snacks and we ask you to bring a few games along. We hope to see you there!

Cheryl Crocker  
SCC Chair

## Daily Schedule

8:50	Bell to Enter School
8:55-9:30	Period 1
9:30-10:00	Period 2
10:00-10:30	Period 3
10:30-10:45	Recess – Bell at beginning & end
10:45-11:15	Period 4
11:15-11:45	Period 5
11:45-12:10	Lunch Dismissal – Bell at 11:45
12:10-12:30	Students Outside
12:30	Noon Hour Ends—Bell
12:35-1:05	Period 6
1:05-1:35	Period 7
1:35-2:05	Period 8
2:05-2:20	Recess—Bell at beginning & end
2:20-2:50	Period 9
2:50-3:25	Period 10
3:25	School Dismissal - Bell

## Student Absences

Please **contact the school** by email [eby.carol@prairiesouth.ca](mailto:eby.carol@prairiesouth.ca) or phone (306-756-2212) when your child/ren are going to be **absent or late**. In an effort to keep the most accurate attendance records, it's best if we have a reason for your child's absence.

## Congratulations to the Winners of our February Staff '2 Truths and an Untruth' Contest:

**Mrs. Eby's Untruth: I have 4 grandchildren.**

**Winner: Teri Skepple**

**Mrs. Smith's Untruth: I have 2 cats.**

**Winner: Chrissy Dennis**

**Mr. Thiessens's Untruth: I have lived in the capital city of 2 countries.**

**No Winner: No Correct Guesses**

**Mrs. Connolly's Untruth: I live on an acreage in Moose Jaw.**

**Winner: Kristi Hawrysh**

*Prizes may be claimed at the CES office.*

## BCA EVENTS for Grade 5-8 Students

"If you are considering Briercrest Christian Academy or would like to learn more about the local high school, BCA would like to invite you to the following events:

BCA Parent Night – Sunday, March 3<sup>rd</sup>

If you are curious about BCA in the next few years, this event is for you. BCA is partnering with Youth Quake to provide a fun and informative night. Join us for great snacks, awesome Youth Quake activities, and a BCA information session. This night is open to any **Grade 5-8 student and parents**. Come hear about what BCA looks like today. We'll learn about Athletics, Arts, the return of shop classes, and what faith development looks like at BCA. Bring your questions and your appetite. The application process will also be covered. An optional campus tour will be provided by the end of the night. If you'd like to join us for the evening, register here:

[www.briercrestchristianacademy.ca/parentnight/](http://www.briercrestchristianacademy.ca/parentnight/).

BCA Local Tours – Wednesday, March 6<sup>th</sup>

From 5-8pm, we will be offering campus tours for **families of grade 8 students**. This is an opportunity to take a look at the facilities and meet current staff. You do not need to pre-register for a tour but plan to be on campus for around 45 minutes. Feel free to come at the time that works best for your family.

BCA Shadow Day – Monday, March 11<sup>th</sup>

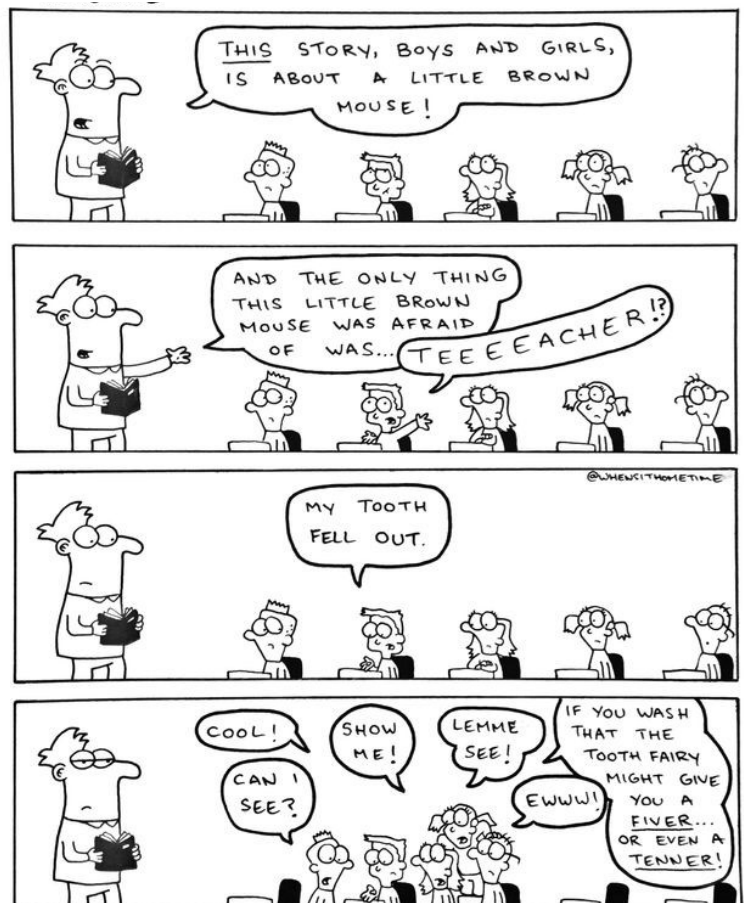
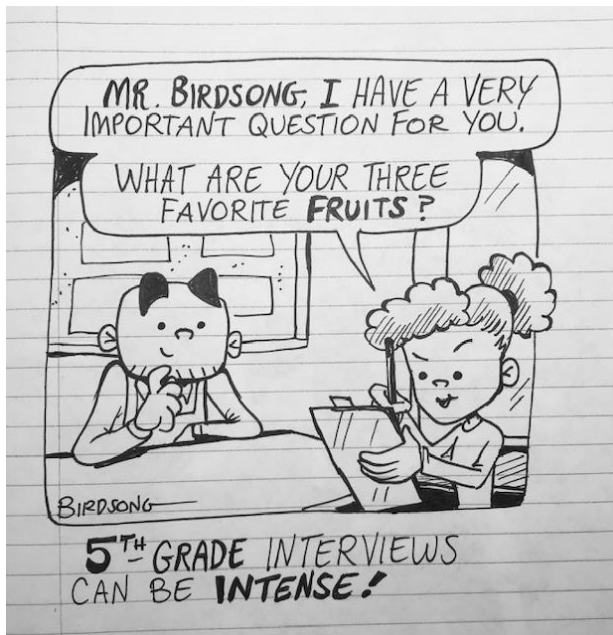
**Grade 8 students**, this one is specific to you! If you'd like to check out a day in the life, you're invited to come to our BCA Shadow Day. This will be a morning alongside our current grade 9's including participating in Chapel, attending class, and eating in the dining hall. To register, follow this link:

[www.briercrestchristianacademy.ca/shadowday/](http://www.briercrestchristianacademy.ca/shadowday/)."

### Alicia Miller

BCA Enrolment Coordinator

Briercrest Christian Academy





# Help Control Head Lice

## What Are Head Lice?

Head lice are small insects that live on the scalp. **Anyone can get head lice.** They are common in classrooms and day care centres because children play closely together.

Head lice are not dangerous and they do not spread disease, but they are contagious and can be a very pesky problem. Having dirty hair does not cause head lice. Head lice cannot fly or jump and you cannot get them from your pets.

While they may be *found anywhere on the head*, they prefer to live on the scalp along the neckline and behind the ears. When lice bite the scalp they cause itching.

## How Can I Tell If My Child Has Head Lice?

Children may say they have a tickling feeling on their head or may be very itchy on their scalp.

The only way to be sure a person has an active case of lice is to find live lice. Children can have a few nits (lice eggs) without actually having an active case of head lice. Usually children have no more than 10 to 20 live lice.

Lice are not easy to see and can be hard to find. They are about the size of a sesame seed. They are usually greyish white or brown.



Nits are small, oval and blend into the color of the hair. Each nit is firmly attached to a hair. They cannot be washed out or flicked off like dandruff. Finding nits does not mean the individual has a current infestation and they should not be treated based on finding nits.



*Pictures courtesy of CDC/Dr. D D Juranek*

## How Do I Check for Lice?

1. Apply ample hair conditioner to dry hair, enough to soak from the scalp to the end of the strands.
2. Remove tangles with a regular comb.
3. Start behind the ears and comb the hair section by section. Separating the hair with hair clips is helpful.
4. Place the lice comb against the scalp and pull to the end of the hair.
5. Check the comb for lice after each pull.
6. Wipe the comb with a tissue each time and look for lice.
7. Place the tissue in a bag.
8. Check all the hair over the entire head.
9. Repeat combing for every part of the head at least 5 times.
10. Once finished, tie the bag with the soiled tissues and throw it in the garbage.
11. If lice are detected and treatment is required, make sure that all conditioner is washed from the hair prior to treatment.

## What is the Treatment for Head Lice?

*Overtreatment and misdiagnosis are common.*

Do not treat anyone with a head lice product unless you find live lice in their hair. The presence of nits indicates a past infestation that may not be active.

Check everyone in the home for head lice.

There are a number of very effective treatments for head lice. Most contain an insecticide that kills the lice. They are pyrethrin (found in R&C™ shampoo/ conditioner), permethrin (Nix® or Kwellada-P®) and lindane (PMS-Lindane™ shampoo).

A non-insecticidal treatment called isopropyl myristate/ cyclomethicone (Resultz™) has been approved for use in Canada for individuals 4 years of age and older. It works by breaking down the waxy exoskeleton ('skin') of lice. The lice get dehydrated and die.

All of the above products require a second application 7 to 10 days after the first treatment.

Tell the pharmacist if anyone needing treatment is pregnant, breastfeeding, under six years of age, has allergies or a serious health problem.

A pharmacist, doctor or public health nurse can help you choose the best product for you.

If live lice (not nits) are found in the hair 24 to 48 hours after a treatment with one product:

- Treat right away with a different treatment product;
- Repeat this treatment 7 – 10 days later.

Examine all of the household members for head lice every day for 3 weeks after the first treatment.

### Do Other Treatments Work?

Many home recipes and products sold in stores are based on mixtures of essential oils (eucalyptus, lavender, tea tree, etc.), salts or other natural substances. Some people have used oils like mayonnaise, olive oil and Vaseline or hair gels to try to smother lice. There is no proof that any of these work.

### How Can I Help the Treatment Be More Effective?

Each product is different and has detailed directions for use. For example one product might say it should be put on dry hair while another should be put on wet hair. Each will say how long it should be left on the hair before rinsing out.

It is very important to read and follow the package directions carefully.

Home treatments, such as vinegar rinses, should not be used as they may make the treatment less effective.

Avoid unnecessary contact with the product since it can be absorbed through the skin.

Children with head lice should be treated and can attend school or child care as usual.

'No-nit' policies that keep children with head lice away from school are not necessary because:

- The presence of nits indicates a past infestation that may not be currently active;
- Head lice are common among young children;
- Head lice do not spread disease;
- Cases of head lice are often misdiagnosed;
- Children can have head lice for several weeks with no symptoms.

### How Can You Prevent the Spread of Head Lice?

- Teach your children how head lice are spread - by direct contact with the head of someone with an infestation and to avoid this kind of activity.
- It is a good idea to teach your children not to share brushes, combs or head gear such as hats, bandanas, etc.
- Check your child's head for live lice once a week all year long and daily during an outbreak.
- Head to head contact may be less if long hair is braided or tied back.

### What Cleaning Needs to Be Done?

Lice cannot live for more than 2-3 days away from the scalp so excessive cleaning is not necessary. Choose the best method to clean the following items (washing in hot water for 15 minutes or running through a drier on the hottest setting):

- All personal hair care items such as combs, barrettes, etc. Repeat this daily until the lice are gone.
- Items that have been in prolonged or intimate contact with the child's head (bedding, hats, etc.) at the time of first treatment.

For items that cannot be washed they should be placed in a sealed plastic bag for two weeks or for 48 hours at -10° C.

There is no need to vacuum or wash floors, carpets or furniture.

Do not use household sprays or lice sprays. They do not work and may be harmful to people.

For more information contact your local public health office, your physician, nurse practitioner OR HealthLine at 811.

References: Infectious Diseases and Immunization Committee, Canadian Pediatric Society (2014); Kids Health (2015); Harvard School of Public Health (2007); American Academy of Pediatrics (2010); Nova Scotia Public Health Services (2008)