

PARENTS/GUARDIANS:

Do you have a 5-12 year old who struggles with emotion regulation, intense emotions, difficulty making decisions, outbursts, aggression, impulsivity, and/or defiance?

PRAIRIE SOUTH SCHOOLS PRESENTS:



**The
Incredible
Years®**

Incredible Years is a 12-week group designed to support parents of children 5-12 years old. Each week will focus on a new topic for the group to discuss, share, and explore in an effort to support your child's growth, development, behaviour, and school success.

DATES: THURSDAYS

SEPT 26-DEC 12

TIME: 6:00 - 8:00 PM

LOCATION: LINDALE

SCHOOL

Childcare provided
Space is limited,
acceptance is on first-
come-first-served
basis

FOR MORE INFORMATION OR TO REGISTER:



lawsonknoop.kirsten@prairiesouth.ca

