Coronach School

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Dear Coronach School Community,

It is hard to believe that we are already in the month of December. With the wonderful weather we have been having, it feels more like spring than the beginning of the Christmas season. We have had a busy November with school events including students led conferences, a field trip, The See Your Future Education and Career Fair, and special guest speakers, both in person and virtual, including Discovery Days, and Saskatchewan Writers Guide just to name a couple. Additionally, we also brought in some special guests from YFC Saskatoon - Youth Unlimited to lead a school wide Gym Blast for our senior students. It was such a success and a highlight of the school year so far that our senior students willingly offered to plan and execute a similar event for all our elementary students. It was wonderful to see all the students engaged and having fun together as a school community.

This month, we look forward to fun and festive times around the school that bring us even closer together. Students will be getting involved in events including Christmas spirit week, a homeroom door decorating contest, Christmas concert, purchasing Santa grams for students and staff, having a homeroom pizza party celebration, and going to the arena for a fun day of skating, hot chocolate, and candy canes.

As we move into our last month of 2021 the students and staff of Coronach School want to wish all our students, families, and community a wonderful holiday season and a Happy New Year. We look forward to learning together in 2022!

Cheers,

Mr. N. Beselaere

Upcoming Events

December 9

Resiliency Presentation Gr 4-12

December 9

Megan's Journey Presentation Gr 7-12

December 15

Christmas Concert PreK-6

December 17

Christmas Dinner & Celebration K-12

Stay Connected

Check out our school website or follow us on Facebook for important news and information.

Please ensure that the contact information we have for you and your family is up to date. If there are changes, please contact the school. All notifications will be emailed to parents.

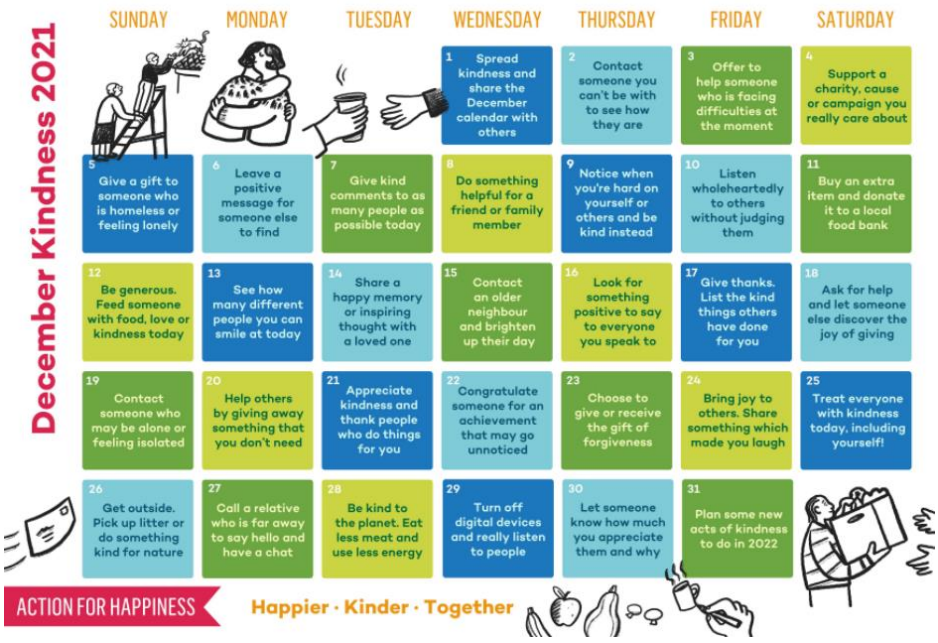
December Calendar

MON	TUE	WED	THU	FRI	DECEMBER 2021
		1	2	3	
6	7	8	9	10	
13	14	15	16	17	
20	21	22	23	24	
27	28	29	30	31	TD = 14 ID = 14

LEGEND		
School-Based Organization Day	Preparation Day	Preparation/ LIT
Early Dismissal	No School	Remembrance Day
Regular School Day		

Action for Happiness Calendar: December Kindness

This month, we're encouraging you to carry out small acts of kindness. This has been another difficult year of uncertainty and ups and downs for many of us. Kindness is contagious and helping others has been proven to make us feel better too! Let's try to focus on being generous with our time and attention rather than money - it's free and better for everyone, as well as our planet.



Click calendar image for larger view

Important Dates

December 03

Holiday – No School

December 10

Holiday - No School

December 10-11

Senior Basketball Tournament

December 13-17

Spirit Week

December 17

Monthly Awards Assembly

December 17

Volleyball Wind Up

December 23-Jan 05

Holiday – No School

January 06

First Day Back to School

Discovery Days

Saskatchewan Writers Guide

See Your Future Education & Career Fair

November Awards Assembly

Nutrition

Eating Well at Home

Healthy eating can improve mental, physical & emotional health.
Here are some tips to help make the healthy choice, the easy choice.

Plan Ahead:

- Plan what meals you and your family want to eat for the week.
- Write a grocery list & take it to the store.
- Stick to your list at the store to prevent impulse buys.

Organize your pantry & fridge:

- Keep vegetables and fruit washed & chopped for a ready to eat snack.
- Make the healthier choice the most visible so it's easy to grab when preparing meals and snacks (such as fresh produce, brown rice, or nuts).

Offer family meals:

- Mealtime is a great way to bring families together.
- As a caregiver, you decide: what food to offer, when to offer & where to offer.
- Your child decides if they eat and how much.

Involving kids in the kitchen can help encourage healthy eating:

Ages 2-4 yrs can:

- Count ingredients
- Add ingredients to a bowl
- Wash vegetables & fruit
- Pour from measuring cups/spoons
- Help make a sandwich or pizza

Ages 4-6 yrs can:

- Set the table
- Stir ingredients together

Ages 6-8 yrs can:

- Crack & beat an egg
- Make their own easy breakfast

Ages 8+ yrs can:

- Help with many kitchen tasks with supervision

Written by the Public Health Nutritionists of Saskatchewan (2021)
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Saskatchewan Health Authority

saskhealthauthority.ca

Dieleman Fundraiser

A huge thank you to all the families and community members that helped support our SCC school fundraiser.

As a school community we were able to raise $2942.20 which will go towards school learning goal initiatives and student activities and celebrations.

Gym Blast

The students in **Grade 1-5** participated in an entire afternoon of fun at our schools Gym Blast event on **November 29, 2021.** The senior students led this event and planned all the activities. Thank you for your involvement and efforts in making this a memorable experience for our elementary students.

Early Learning

Winter Fun – Frosty the Snowman

There has not been a lot of opportunity to build a snowman this winter season, but these students decided to take what little opportunities we have had and make the most out of it.

"Frosty the Snowman was a fairytale they say …"

Athletics

A huge congratualtions to all four of our schools junior and senior volleyball teams for the effort and success this past season. A huge thank you goes out to our teams coaches for all the time and effort they put into a successful season. Your dedication and support is greatly appreciated. We also want to thank our parents for their commitment in helping out with driving to and from games and/or tournamnets and from helping our in our school when we hosted home tournaments.

IMAPCT: Intriguing Minds, Parents and Children Together

IMPACT

Do you have a child born in 2018?

Regional KidsFirst is pleased to offer our IMPACT kits to children who were born in 2018!
Children will receive a gift pack valued at $45.00.
Curbside pick-ups will occur at elementary schools from January - March 2022.

Please scan the code to register or follow the link:

https://forms.office.com/r/qWXYLiiu0z

To scan the code:

1. Open camera on your cell phone
2. Hold over code
3. Touch pop up box

Schools in our catchment area include Alameda, Arcola, Bellegarde, Bengough, Bienfait, Carievale, Carlyle, Carnduff, Coronach, Estevan, Fillmore, Gladmar, Kennedy-Langbank, Kipling, Lampman, Macoun, Manor, Maryfield, Midale, Moosomin Ocean Man First Nation, Ogema, Oungre, Oxbow, Pangman, Pheasant Rump First Nation, Radville, Redvers, Rocanville, Wapella, Wawota, Weyburn, White Bear First Nation, and Yellow Grass. Homeschoolers in the area are also welcome!
Questions? Call Madeleine at (306) 848-4712

REGIONAL KidsFirst

Practical Applied Arts at all Levels

Pre-Kindergarten PAA

Grade 9 PAA

Grade 10 PAA

Christmas at Coronach School

Christmas Spirit Week

Monday, December 13, 2021	Pajama Day
Tuesday, December 14, 2021	Christmas Sweater Day
Wednesday, December 15, 2021	Red/Green Day
Thursday, December 16, 2021	Toque Day
Friday, December 17, 2021	Formal Day

Pre-Kindergarte – Grade 6 Christmas Concert

Coronach School Christmas Concert will be held in the school gymnasium on **Wednesday, December 15, 2021 at 7:00pm.**To allow for physical distancing and the ability to provide a safe space for audience members we are asking families of students in Pre-Kindergarten – Grade 6 to help us in our efforts by inviting only immediate family members (i.e.: parents, siblings, grandparents). If your child(ren) are particpating in the Christmas concert please have them arrive to the school fifteen minutes before the main event and report to their homeroom classroom.

Last Day of School Before Christmas Break

On the last day of school, **Wednesday, December 22, 2021,** every students will be enjoying a pizza party in their homeroom classroom. Additionally, the school has arranged for all students the opportunity to go skating at the arena. Permission forms for students will be coming out closer to the date. We are asking parents (especially those of children in primary-elementary), that are able and interested, to please join us and help chaperone students. Following skating at the rink each student will be walking to *The Nook* to enjoy a steaming hot chooclate and a candy cane.

Grade K-3	9:00-10:30
Grade 4-6	10:30-12:00
Grade 7-9	1:00-2:30
Grade 10-12	2:30-4:00

Santa Grams

During the month of December bring **$2.00** to the canteen and get your friend(s) and/or staff member(s) a chocolatey treat to enjoy the last week of school. You can purchase these Santa Grams between **December 01 – December 17, 2021**. Santa grams will be delivered to classrooms on **Monday, December 20, 2021**

What's Cooking?

The Grade 7 students have been working together in groups and learning how to make a variety of different dishes this past month. Meal items have included: shepherd pie, spaghetti, stir fry, a lasagna meal including garden salad and more.

"Nothing brings people together like good food."

Special Food Days