

Coronach School

121 First Ave W. Coronach Saskatchewan S0H 0Z0

Telephone: 306-267-2210

Website: <https://schools.prairiesouth.ca/coronach>

Dear Coronach School Community,

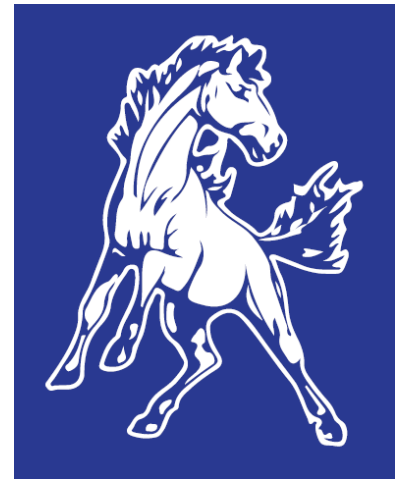
As we welcome April, we are delighted by longer days and warmer weather. We have nearly made it to spring break and wish all our students, staff, and families a wonderful Easter holiday and week off school. We hope this week gives you time to relax, re-energize yourself, and time to have more opportunities to do the things you love.

I want to take a moment to thank all our families for participating in our recent School Community Council (SCC) fundraising event. The school sold \$2,775.50 in product and made a profit of \$770.20 which will be going back to students to support learning and engagement initiatives.

We recently started the third trimester for our elementary students (K-8) and will be providing quarter three report cards this month for our high school students (9-12). As we work hard during these last final months of school we continue to focus on building and strengthening strong relationships, increasing student academic achievement, maintaining regular attendance, and engaging in positive attitudes and behaviors.

As we move into April, we have many exciting things happening from our upcoming spring school dance to a mental health conference. We also have an assembly presentation and workshop scheduled to help students build resilience and equip them with tools to navigate difficult situations and feelings. Most of all, we are excited to welcome this year's dinner theatre production at the school, entitled *Outlaws of The Big Muddy*, a student and community performance put on by Big Muddy Players and organized by our SCC. We look forward to seeing everyone come out and support the hard work of our students and community. Have a fantastic April and thank you all for being such a valuable part of our school community.

Mr. N. Beselaere



Upcoming Events

April 4

K-12 Awards Assembly

April 05

Mental Health Youth Conference

April 6

K-6 Easter Egg Hunt

April 6

School Dance

Stay Connected

Check out our school website or follow us on Facebook for important news and information.



Please ensure that the contact information we have for you and your family is up to date. If there are changes, please contact the school. All notifications will be emailed to parents.

April Calendar



MON	TUE	WED	THU	FRI	APRIL 2023	
3	4	5	6	7		
10	11	12	13	14		
17	18	19	20	21		
24	25	26	27	28		
					TD= 13	ID= 13

LEGEND						
First/ Last Day	Stat Holiday	Holiday	School Based Inservice (No Students)	Prep Day (No Students)	Prep/LIT Day (No Students)	Alt Friday No School

Action for Happiness Calendar: Active April

Active April 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Listen to your body and be grateful for what it can do	4 Eat healthy and natural food today and drink lots of water	5 Turn a regular activity into a playful game today	6 Do a body-scan meditation and really notice how your body feels	7 Get natural light early in the day. Dim the lights in the evening	8 Give your body a boost by laughing or making someone laugh	9 Turn your housework or chores into a fun form of exercise
10 Have a day with less screen time and more movement	11 Set yourself an exercise goal or sign up to an activity challenge	12 Move as much as possible, even if you're stuck inside	13 Make sleep a priority and go to bed in good time	14 Relax your body & mind with yoga, tai chi or meditation	15 Get active by singing today (even if you think you can't sing!)	16 Go exploring around your local area and notice new things
17 Be active outside. Dig up weeds or plant some seeds	18 Try a new online exercise, activity or dance class	19 Spend less time sitting today. Get up and move more often	20 Focus on 'eating a rainbow' of multi-coloured vegetables today	21 Regularly pause to stretch and breathe during the day	22 Enjoy moving to your favourite music. Really go for it	23 Go out and do an errand for a loved one or neighbour
24 Get active in nature. Feed the birds or go wildlife-spotting	25 Have a 'no screens' night and take time to recharge yourself	26 Take an extra break in your day and walk outside for 15 minutes	27 Find a fun exercise to do while waiting for the kettle to boil	28 Meet a friend outside for a walk and a chat	29 Become an activist for a cause you really believe in	30 Make time to run, swim, dance, cycle or stretch today

ACTION FOR HAPPINESS Happier · Kinder · Together

Click image of calendar to enlarge.

Hot Dog & Float Sale

On Thursday, April 20, 2023, students will be able to purchase a hot dog and a float (root beer, cream soda, orange, grape) for \$5.00. All proceeds raised go toward student initiatives and opportunities throughout the school year.



Important Dates



April 7-14

Stat Holiday/ Holiday

April 20

Hot Dog & Float Sale

April 20

9-12 Quarter 3 Report Cards Published to MSS

April 21-22

Big Muddy Players & Coronach School Theatre Production

April 24

AGM & SCC Elections

April 26

Legacy One Presentation

April 27

SCC Job Career Fair

April 28

Alt Friday – No School

Pre-Kindergarten-Kindergarten Registration for the 2023-2024 School Year



PREKINDERGARTEN APPLICATIONS and KINDERGARTEN REGISTRATIONS

will open on **March 15, 2023**

Go to www.prairiesouth.ca after March 15 to start your application/registration!



Prairie South Schools **210** Learning together.

Please click on image above to be brought directly to Prairie South School Division online registration platform.

Employment Opportunities

Position Type: Permanent

FTE: .85 (6.8 hours per day)

Hours of Work:
9:00 a.m. - 12:15 p.m.
12:45 p.m. - 4:18 p.m.

Start Date: May 23, 2023

Duties:
The Facility Operator cleans and maintains the interior and exterior of school division buildings and their surrounding grounds and assists the Head Facility Operator.



WE ARE HIRING

a permanent **FACILITY OPERATOR** in Coronach School

Start your application at www.prairiesouth.ca

Prairie South Schools **210** Learning together.

Student Recognition at our Monthly Awards Assembly



Coronach Schools Wonderful Staff



Coronach School Spring Dance

On **Thursday, April 06, 2023**, Coronach School in partnership with the School Community Council will be hosting a school dance for all students throughout the school day and the evening. Middle years and high school students attending the dance in the evening need to ensure they have a permission form completed and submitted upon entering the dance. Student permission forms can still be accessed at the student office the week of **April 03-06, 2023**.



Coronach School



**Spring
Dance**

Coronach School Gymnasium
Thursday April 6th

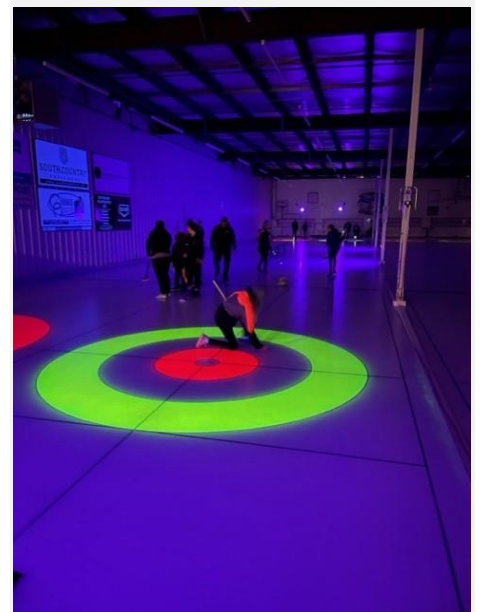
12:30pm to 1:00pm Grades K to 3
6:00pm to 8:00pm Grades 4-6
8:00pm to 11:00pm Grades 7-12

\$5/Person

Bring Money for The Canteen

You need to fill out a guest forms for people that don't attend Coronach School. (These have to be brought back to the School before the Dance)

If any parents want to chaperone please contact the school at 1 (306) 267 2210



School Community Council School Dance Door Prizes



CORONACH SCHOOL
SPRING
DANCE

DOOR PRIZES INCLUDE: A NINTENDO SWITCH LITE (GRADE 4-6) & A \$250.00 VALUE STAY & PLAY PACKAGE FOR REGINA OR MOOSE JAW DINING & RECREATION EXPERIENCE - STUDENT WINNER WILL CHOOSE WHERE THEY WANT TO GO (GRADE 7-12)

THURSDAY APRIL 06 | 6PM-8PM (GR 4-6) & 8PM-11PM (GR 7-12) | \$5 ADMISSION

Legacy One Virtual Assembly & Workshop

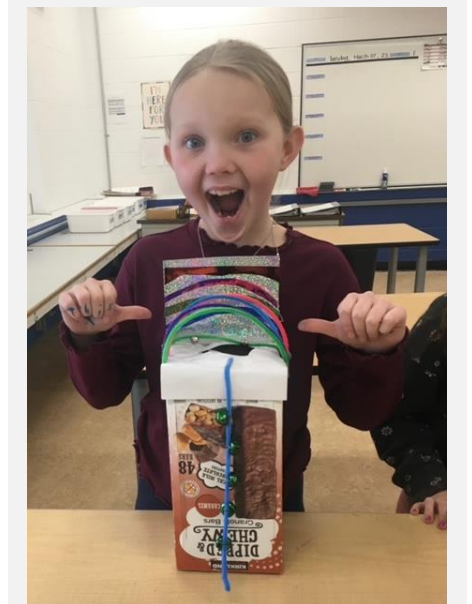
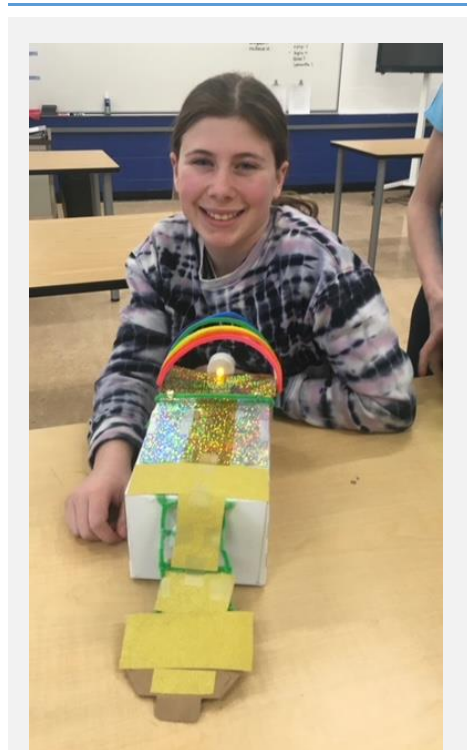


On **Wednesday, April 26, 2023**, students grade 6-12 will be participating in a virtual assembly and workshop.

ASSEMBLY SHOW

BEAUTIFUL STRUGGLE

- A one hour show that will inspire and bring hope to students.
- Presented by our Legacy One artists through spoken word poetry, music, media and the sharing of their life stories.
- Addresses the various struggles that students are currently facing, including fear, depression, anxiety, loneliness, self-image issues, difficult family situations, sickness, death, and the feeling of hopelessness.





WORKSHOP

FLIP-THE-SCRIPT

- A one hour workshop created as a follow-up to our *Beautiful Struggle* show.
- Students will learn practical tools to help them build resilience and character, in turn, helping them navigate the struggles they face in each of their lives.
- Students will follow along with a guided worksheet that will help them create a personal life mission statement.

Awards Assembly

Our monthly awards assembly is scheduled for **Tuesday, April 04, 2023**. We look forward to acknowledging all the wonderful contributions of our students and recognizing their accomplishments.



Home and School Connection Wall

We invite all our families to submit an updated family photo to the school so that we can proudly display our families on our main wall in the front entrance. Photos can be delivered in person or emailed to beselaere.nathan@prairiesouth.ca



We appreciate the photos we have received and look forward to receiving more soon.

HOOPLA – Boys



Congratulations to our Coronach School senior boys' basketball team on your gold medal win.



Big Muddy Players & Coronach School Theatre Production

We are excited to be hosting our first ever School Community Connection Theatre Production in partnership with Big Muddy Players and Coronach School Community Council. Please contact the school Monday-Friday between 8:00-4:00 for tickets for an evening filled with fun and excitement.



Presenting
Big Muddy Players
&
Coronach School
Dinner Theatre Performance
of "Outlaws of the Big
Muddy"

Friday, April 21, 2023
Dinner Theatre Performance - Tickets \$40.00
6:00PM Dinner
7:00PM Performance

Dinner will be prepared by Coronach School Community Council (SCC) and will include a main, salads, baked potato, bun, dessert and refreshments.

Saturday, April 22, 2023
Theatre Performance - Tickets \$25.00
7:00PM Performance
Dessert and refreshments included.

121 First Ave West
Coronach School Gymnasium
For tickets call Coronach School:
306.267.2210



Mental Health & Wellness Youth Conference

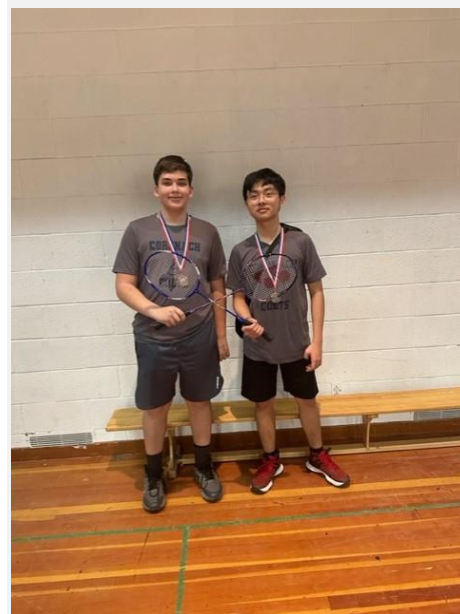
On **Wednesday, April 05, 2023**, students Grade 5-12 will participate in a Mental Health Wellness Youth Conference. All students will participate in the keynote speaker presentations at 9:15-10:00 and 1:30-2:20 and will separate in different breakout sessions between 10:15-11:05.



Mental Health Wellness Youth Conference

Hosted by the Community Wellness Collaborative

	9:15 - 10:00	Breaking Barriers <i>Lisa Franks, Keynote Speaker</i>	
CHOOSE 1 Break-Out Session	10:15 - 11:05	Navigating Mental Health & Grief in the Face of Tragedy	Tyler Smith
	10:15 - 11:05	Ruck it Up for Mental Health Building a Foundation for your Mental Health & Well-Being	Brett Hagan, Tyler Simpson, Chris Robart Kirsten Lawson-Knoop
	10:15 - 11:05	Y Mind Why Language Matters: Anxiety Disorder vs. anxious feelings	YMCA Brittani Adam
	10:15 - 11:05	Mental Health 101	Canadian Mental Health Association (CMHA)
	10:15 - 11:05	Reflect and Refrain	Megan Nash
	10:15 - 11:05	Mental-Awareness & Self-Talk	Danielle Cormier <small>Sponsored by: South West District for Culture, Recreation and Sport Inc.</small>
	10:15 - 11:05	Creativity as a Way Back to Well-Being	Jess Zoerb
		1:30 - 2:20	Empty Your Backpack <i>Sam Demma, Keynote Speaker</i>



HOOPLA – Girls

Congratulations to our Coronach School senior girls' basketball team on your bronze medal.



**Coronach School
School Community Council
Annual General Meeting and Elections**

A general meeting for the purpose of presenting an annual report and to hold elections for the School Community Council of

Coronach School

will be held on

Tuesday, April 25, 2023, at 7:00pm

at

Coronach School

School Community Council Administrative Policies developed by the Board of Education regarding the elections can be viewed under the schools tab, School Community Councils section on the Prairie South Schools website: www.prairiesouth.ca

Parents and guardians of students attending {School Name} and School Division electors residing in the school catchment area may stand for election to the School Community Council and vote in the elections. The School Community Council is comprised of five to nine elected parent and community members. Elections are being held to fill these positions.

Nominations of parents and community members interested in standing for election must be submitted on the official form and will be received up to the time of the election. Nominations are available from Coronach School and can be returned to Coronach School prior to the election or be presented at the election.

Contact: Leesa Setrum at
Phone: 306-267-2210
Email: setrum.leesa@prairiesouth.ca