



A LOOK AHEAD to the Week of March 8....

MONDAY, March 8

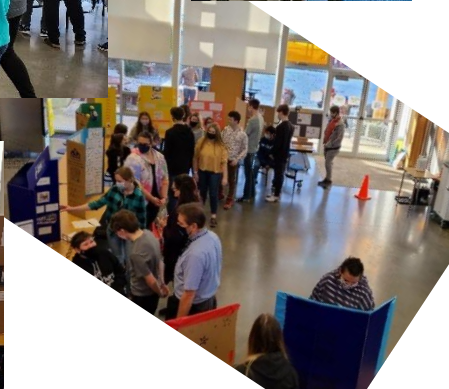
TUESDAY, March 9

WEDNESDAY, March 10

THURSDAY, March 11

FRIDAY, March 12

- Kindergarten Day



The Grade 9 PAA class hosted a trade fair in the Atrium Thursday! Students were asked to market an existing product or one they created themselves in a trade fair setting, using advertising tools such as brochures, pamphlets and sales board dioramas they learned to create in class. Classroom cohorts visited the displays and heard the sales pitches and product demonstrations for these new and trendy products! Good job Hawks!

PAA 9 DESIGN STUDIES



Fundraising

The class of 2021 is fundraising for this year's grad! To purchase your favorite treats and support the Class of 2021, visit the Chocolate Moose Fudge Factory's website, and search for "Fundraisers". Order your favorite treats directly online by March 31, and one of our graduates will deliver directly to you!

March is Nutrition Month!

Thank you Sask Health Authority for useful tips to help schools and families celebrate Nutrition the month of March!

6 TIPS FOR SCREEN-FREE MEALS

Children eat better at meals when they aren't distracted by screens. Meals are also a great time to connect and share stories about the day, whether it be with family members or peers. Follow these tips to achieve screen-free meals.



1. Set daily screen time limits and avoid any screens with meals. Create a family media plan, try this online tool: www.healthychildren.org/English/media/Pages/default.aspx.
2. Make small goals to start. If screens were being used at meals all the time, start with one meal being screen free and then add on more screen free meals later on.
3. Eat together as a family. Sit at the dinner table to eat or create another designated eating area without distractions like TV.
4. Have a special location for your phones and tablets away from the table. Silence your devices and turn off the TV.
5. Talk and listen to each other. Ask details about the day or try a conversation starter: thefamilydinnerproject.org/category/conversation/conversation-starters.
6. Once you have started at home, work with your school towards screen-free lunchrooms too. Some great resources here to help: www.awayfortheday.org.

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Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.