



November 3, 2022

"Grow To Be The Best You Can Be"

## *Principal's Message – Mrs. Karla Silbernagel*

This year our LIP goal focused on teaching mental health strategies to all our students. In September, we practiced the strategy of solitude. October was our month to practice gratitude and November will be our month to make connections. Making connections is an important mental health strategy since humans need social interaction. Not everyone is a social extrovert, but we all need people in our life who we can turn to and interact with. Our goal this month is to create connections in our school and in our community. We kicked off our connections strategy by going into our house groups and doing some flashlight reading in the gym. Students read to each other by the light of our flashlights, and it was pretty cool. We look forward to making even more connections.

Volleyball is winding down for our seniors. This week both senior teams played their last league game. The girls head into conference playoffs in Glentworth on Saturday. Their first game is at 12:00, so if you are able, come out to cheer them on! The senior boys are off to Coronach on November 12, and we wish them the best of luck in their conference playoffs.

Just a reminder that Mom's Pantry forms are available if you wish to order any Mom's Pantry items. This is our major fundraiser for the year at Mankota School and we use the money to support school activities. We hope to have all forms in by November 15<sup>th</sup> so we can have delivery in early December. Order information is on the last page of newsletter.

**Students have been busy preparing Remembrance Day posters, essays and poems and we look forward to having you all join us for our Remembrance Day Ceremony on November 9 at 11:00. Please consider this your invitation to attend. Thank you to Mrs. Ruby Sayers for helping to organize our ceremony.**

It's that time of year again...report card season! High school report cards (Grade 9-12) will go out next week. Please let us know if you are unable to get into your MSS parent portal to view these report cards. Elementary report cards will follow on November 22. Our Student Led Conferences have been set for after school on November 23.

Thank you to Sophie Kress for sending in a delicious pie for the staff and thank you to Corinne Kriston for donating yummy muffins to the school. The kids and staff were truly spoiled.



**Be sure to send your children to school with proper clothing for the winter weather.**



**Toques, mitts, coats, boots and ski pants.**

**Please make sure to keep contact information up to date.**

**Let the school know if there are any changes at any time!**

**Mankota Legion Branch #355**

## **Remembrance Day Service**



**Friday, November 11**

**Cenotaph in the Park**

**10:45 a.m.**

**Everyone Welcome**

**There will be NO time of lunch and fellowship this year.**



**GURLSASK  
KINCAID**

**SATURDAY, NOVEMBER 12**  
**AGES 5-10 | 11:00-12:00PM**  
**AGES 11-18 | 12:00-1:30PM**  
**COST: \$20 / Participant**

**FOR MORE INFORMATION OR TO REGISTER,  
CONTACT KIM JOHNSON | 1.306.264.7303**

**OPEN HOUSE  
KINCAID**

**SATURDAY, NOVEMBER 12**  
**2:00-3:00PM | ADULTS & FAMILY**  
**COST: \$20 / Participant**

**FOR MORE INFORMATION OR TO REGISTER,  
CONTACT KIM JOHNSON | 1.306.264.7303**



Link to Mankota School webpage is:  
<https://schools.prairiesouth.ca/mankota/>  
 If you are viewing online:  
 Hover mouse over maverick symbol  
 and left click

# Trade Fair

## Saturday, November 12

**10:00 a.m. – 3:00 p.m.**

**Mankota**





### Agricultural Hall

**Tables – Fran: 306-741-2074**

**Lunch Available**

Sponsored by Mankota U.C.W.

Dates To Note:	
Nov. 4	School Day
Nov. 5	Sr. Girls Volleyball Conference Playoffs
Nov. 8	Magnet PAA & High School report cards
Nov. 9	School Remembrance Day Service @ 11
Nov. 10	No School
Nov. 11	No School
Nov. 12	Sr. Boys Volleyball Conference Playoffs
Nov. 18	No School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>November</b>				3 K day	4 School Day	5 Sr. Girls Volleyball Conference Playoffs
6	7 K day	8 Magnet PAA High School Report	9 K day School Remembrance Day Service At 11:00 a.m.	10 No School	11 No School 	12 Sr. Boys Volleyball Conference Playoffs Sr. Girls Regionals
13	14 	15 K day	16	17 K day	18 No School	19 Sr. Boys Regionals
20	21 Magnet PAA	22 K day Elementary Report Cards	23  Student Led Conferences 4-8 PM	24 K day	25 No School	26 

## 2022 Senior Boys Volleyball Schedule

Sat. Nov. 12	Conference Championships
Sat. Nov. 19	Regional Championships
Nov. 25-26	Provincial Championships

## Mankota School Bus Routes

Please note your child's bus route number.  
All notices on the PSSD website will be posted by the town and route numbers.

<b>Mankota 1</b>	<b>Merles Kress</b>
<b>Mankota 2</b>	<b>Darla Briere</b>
<b>Mankota 3</b>	<b>Laurie Robertson</b>

## 2022 Senior Girls Volleyball Schedule

Sat. Nov. 5	Conference Championships
Sat. Nov. 12	Regional Championships
Sat. Nov. 18-19	Provincial Championships



# Fundraiser

*Mankota School*

*Oct. 17 — Nov. 15/22*

*Forms available from the school.  
(Cheques payable to: Mankota School)*

*Online Orders:*  
*Order Number - 358265*  
*Group Passcode - 36159*

*FORMS TO BE IN BY:*  
*Nov. 15/22*

**THANK YOU FOR SUPPORTING FUNDRAISING IN YOUR COMMUNITY**

  @MomsPantry

# MANKOTA PRIMARY HEALTH CARE CLINIC

## November 2022

**Hours of Operation:** Tuesday & Wednesday 8:30 am to 5:00 pm

**This calendar is subject to change without notice**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Physician Nurse Practitioner	2 Nurse Practitioner	3	4	5
6	7	8 Physician Nurse Practitioner	9 Nurse Practitioner	10	11	12
13	14	15 Physician Nurse Practitioner	16 Nurse Practitioner <b>Lab 9:00-1:00</b>	17	18	19
20	21	22 Physician Nurse Practitioner <b>Lab 9:00-3:00</b>	23 Nurse Practitioner	24	25	26
27	28	29 Physician Nurse Practitioner	30 Nurse Practitioner <b>Lab 9:00-1:00</b>			

If you have a medical emergency and require an ambulance call:

# 9-1-1

The nearest hospital emergency department is located at:  
**Herbert & District Integrated Health Facility**  
**Cypress Regional Hospital (Swift Current)**  
 For complete details please visit the former Cypress Health Region website at  
[www.cypresshealth.ca](http://www.cypresshealth.ca)

