

The Mankota Lion's Club
Is Sponsoring an
Outdoor Christmas Decoration Contest
Saturday December 9, 2023

If anyone would like to join us for Christmas
Caroling there will be Sleigh Rides leaving
@7:00 PM from the **Wild West Market Square**
to look at all the Christmas decorations

Please have warm clothing on and bring
blankets if you have any.

Judging will be done in
conjunction with the sleigh rides and
will be based on Creativeness,
Lights/Decorations, Originality and
overall appearance

Merry Christmas!



Mankota & Community Christmas Celebration

Saturday December 16/23

Cocktails 5:30 – 7:00 P.M.
Banquet catered by Splitter's Bar & Grill 7:00 – 8:30 P.M.
Dance to follow 9:00 – 2:00 A.M.

Cost \$40.00 per person (Banquet & Dance)
Banquet (advanced tickets only) - \$25.00
Dance only – tickets \$15.00

Please advise Debbie Wallace of your guest list before December 8/23 and make the cheque payable to Mankota Lions Club. The supper and dance are open to everyone. There will be a penny raffle. If you would like to donate an item, it would be greatly appreciated but not mandatory. Please drop off your donation with Debbie Wallace at the Credit Union if you have an item to donate.

Any minors must be accompanied by a parent.

Have a Healthy and Happy Holiday Season



Mankota Lions Club 5th Annual Twinkle Tour Saturday, December 9, 2023

Please join us at the New Horizons & Wild West Market Square. There will be movies & games with free popcorn & hot chocolate. As well as a Penny Raffle at the New Horizons from 2:00 – 5:00.

Santa will be at the New Horizons at 3:00 to give out treat bags for the kids.

We will be having sleigh rides from 2:00 – 5:00, leaving from the Wild West Market Square.

A Bon Fire will be going throughout the day at Market Square.

We will be doing the Twinkle Tour and Christmas Caroling @ 7:00 PM.

Everyone can meet at the Wild West Market Square!

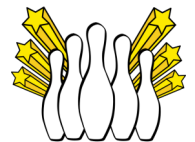
Bowling Tournament

December 1, 2 & 3 weekend

For entries call:
Deb @ 478-7086

4 people/team
Team entry fee - \$120
Guaranteed 3 games
Prizes for top 3 teams

Entry deadline:
Nov. 28th



McCord Hall Committee Presents

Tammy McLean's Music Students' Christmas Recital

Friday, December 8
McCord Hall

Beef on a Bun Supper
(includes salads and dessert)
5PM

Adults - \$20
6-10yrs - \$10
3-5yrs - \$5

Recital @ 7PM

LIVE IN CONCERT

MCCORD HALL COMMITTEE PRESENTS
ROAST BEEF SUPPER AND CONCERT BY....

THE OLLIVER SISTERS

Special Performance by Isabelle Olliver

Roast Beef Supper
starting at 5PM
Adults \$20
6 to 10yrs \$10
3-5yrs \$5

7PM Concert
Bar & Bake Table

Friday, Dec. 1

PHONE: 1-306-694-1200 FAX: 1-306-694-4955 TOLL FREE: 1-877-434-1200

PSSD School Board By-Election 2023 MySchoolSask Transportation Portal

HOME DIVISION PARENTS STUDENTS STAFF SCHOOLS EMPLOYMENT CONTACT

Search our site

How can we help you?

- Mental Health and Well-being
- PSS Resource Bank
- Student Registration
- Current Job Postings
- South Hill School Project

PHONE: 1-306-694-1200 FAX: 1-306-694-4955 TOLL FREE: 1-877-434-1200

PSSD School Board By-Election 2023 MySchoolSask Transportation Portal

HOME DIVISION PARENTS STUDENTS STAFF SCHOOLS EMPLOYMENT CONTACT

Search our site

MENTAL HEALTH AND WELL-BEING

HOME / HOME / MENTAL HEALTH AND WELL-BEING

- [Mental Health States - What the Words Mean \(Video\)](#)
- [Mental Health Wellness Room](#)
- [World Mental Health Day \(2021\)](#)
- [World Mental Health Day \(2022\)](#)
- [Kids Help Phone Caregivers Info Sheet](#)
- [Kids Help Phone Student Info Sheet](#)
- [Fostering Hope in Times of Loss](#)
- [The Impact of Sleep on Health & Wellbeing](#)
- [Connection and Belonging](#)
- [Connection and Belonging 2.0](#)
- [Coping Skills & Co-Regulation](#)
- [Anxiety and Stress](#)
- [Circle of Courage](#)
- [Group and Family Dynamics](#)
- [Self-Awareness: Understanding Your Personality](#)
- [Getting Loud for Mental Wellness 2.0](#)
- [Mindfulness](#)
- [Random Acts of Kindness](#)
- [Physical Activity](#)
- [Distress Tolerance](#)
- [Dr. Robyne and Everyday Resiliency](#)
- [Resiliency Parent Handout](#)
- [Get Loud for Mental Health 2021 Edition](#)

There are many mental health resources in the mental health tab on the Prairie South Website.

In particular check out the mental health

