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## January 2023 Newsletter

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### Events this Month

**Thurs. Jan. 5-** First day of school following the break

**Tues. Jan 10-** MJPS ICE presentation

**Thurs. Jan. 12-** Winter Weather Day (wear white, toque, scarf and mitts)

**Mon. Jan 16-** Parent/Caregiver Info Night

**Tues. Jan. 17-** SCC Meeting

**Fri. Jan. 27-** Family Literacy Day. The theme for the day is Celebrate Your Heritage. The SLC has picked for each student to dress in their family cultural flag colours.

**Mon. Jan. 30-** No School for students

### Message from Administration

Happy New Year!! We hope that your 2023 is off to a great start and that you had lots of time to visit with family and friends over the holidays. We are very excited to see all our students back at school! Our staff and students are excited to reunite after the holidays and get back to learning!

Ugly January temperatures are upon us! We have aligned our cold weather procedures with other Prairie South Moose Jaw Schools. We will be staying indoors if the temperature including the wind chill is -28 degrees Celsius or colder. We follow the Environment Canada website at

[http://weather.gc.ca/city/pages/sk-24\\_metric\\_e.html](http://weather.gc.ca/city/pages/sk-24_metric_e.html) to determine accurate

outside temperature. PLEASE ensure your children have dressed appropriately for the weather. This includes a toque, mitts, winter jacket, boots, and ski-pants. (Ski-pants for our younger children are essential). Also, all school doors are locked during school hours except the front door. For safety reasons, please talk to your child about coming to the front entry door in case your child is caught outside in frigid temperatures. Our staff will also be sharing this reminder with our students.

The best possible learning occurs when there is focused instruction, high academic expectations, and careful monitoring of student achievement by the classroom teacher. For this to happen, it is crucial children attend school regularly. We have been discussing the importance of attendance with our students. As long as your child is healthy, please encourage showing up to class when school is in session.

We continue to work on our literacy goal. We have had many students come to read their stories and sight words to us in the office. This is awesome and we are very proud of our student's accomplishments! Parents often ask us how they may help their children become better readers. Having your children read books, newspapers, and magazines 30 minutes a day is

extremely beneficial. You may also wish to consider setting aside some time every week or every other week to go to our Moose Jaw Public Library. There are many great books to meet various interests. While there, you may wish to even consider checking out a book yourself. You'll be setting a powerful example of the importance of reading.

Have a great 2023! We look forward to working with you in the New Year!

### **School Community Council News**

Did you know that Moose Jaw ranks as the second highest city in Saskatchewan for Child Internet Exploitation (ICE) crimes? Police consider this a major problem for our city. Given that most parents/caregivers are either unaware of this problem or are unsure how to address this at home to keep safe, your SCC has arranged an information session on January 10. Members of Moose Jaw Police Service will present to parents/caregivers about this to prevent them from becoming a victim. **The presentation will be held in the school's gym on January 10 at 7 pm.** Everyone is encouraged to attend.

**The next SCC meeting will be held on January 17 at 7 pm** in the school library. We welcome any parents/caregivers who want to be "in the know" and/or have a voice. We know there are lots of great ideas out there that we haven't heard yet!

**January 27 is Literacy Day** and we will be holding a book exchange! Leading up to the event, students will be asked to bring in their gently used books. They will receive a ticket for each book brought in that they can then redeem for another book! More details to come in the new year.

As always, watch our Facebook page for more details on these and other events!

### **Messages left for student absences**

When leaving messages regarding student absences, please leave students full name, date of absence and the reason for the absence. Thanks for your cooperation.

### **Dress for the weather!**

Please help your child come dressed appropriately for the weather conditions. Students will be expected to go outside for breaks and will need to be dressed suitably. You may wish to take a moment and write your child's name in their boots and outside gear like jackets and mitts. This helps when we are trying to help locate lost items.



### **One Love Fundraising Committee**

Sunningdale School had an overwhelming response to the Salvation Army Adopt-a-Family Hamper Campaign last month. The One Love committee thanks everyone that contributed to this worthy cause to make the holidays bright for fellow community members.



### **Sunningdale Social Media**

Keep up-to-date on all the latest news and events happening in our school on [Facebook](#) and [Twitter](#). We are sharing classroom learning, community involvement, sports updates, and current events on our socials often.

### **Tabs for Tyce**

We are still collecting pop can tabs to raise funds and awareness for childhood cancers. We have several collection bottles throughout the school to collect pop can tabs for this worthy cause. Let's see how fast we "can" fill those bottles!

### **Bus Lane and Staff Parking**

Wood Lily Drive near the school can become congested with vehicles and pedestrians during the morning drop off, especially when the buses are not operating. We ask that parents use extreme caution and patience during this busy time to keep our students safe. The bus lane and staff parking should not be used for student drop off and pick ups. Thanks for your cooperation.

### **Skip the Dishes**

Please refrain from having lunches delivered to the school by Skip the Dishes. Deliveries to students cause disruptions to classrooms. Thank you for your cooperation.

Dear Parents/Guardians,

This year Sunningdale's Learning Improvement Goal (LIP) is to decrease the level of anxiety students are feeling by 10%, measured by OurSchool Survey in the spring. Sunningdale and Prairie South staff are working closely together to inform students, teachers, and parents about how to address and support these feelings of anxiety. We look forward to hosting parents/caregivers in this interactive evening focused on student well-being. Five stations will be set up to rotate through with information, tools, and resources to help support your child. We are looking to provide two evenings if numbers allow for it, January 16<sup>th</sup> in-person at Sunningdale School at 6:30 p.m. and February 6<sup>th</sup> online (Zoom link will be provided before the event). We hope you can join us.

#### **Stations**

**Station 1** -> What is Anxiety? Brittani Adam (Advocacy and Behaviour Consultant)

**Station 2** -> What is Grief? Krystal Hawkins (Advocacy and Behaviour Consultant)

**Station 3** -> Social Media's Role. Durston McKenna (Vice-Principal)

**Station 4** -> Social-Emotional Health in Primary Students. Beckie Martin (Kindergarten Teacher) + Kylie Widenmaier (Grade 2 Teacher)

**Station 5** -> What is Happening in School. Dave Osberg (Principal) + Alysha Huschi (Grade 3 Teacher)

**RSVP to this event by Wednesday, January 11th**, and enter for a chance to win a family supper for 4 at Streets Steakhouse! -> [LINK](#)