



Mr. D. Osberg-Principal

Tel: (306) 693-9433

Mr. D. McKenna-Vice Principal

Fax: (306) 693-8550

<https://schools.prairiesouth.ca/sunningdale/>



@sunningdaleMJ

February 2023 Newsletter

Events this Month

Wed. Feb. 1- Boston Pizza Lunch Day

Mon. Feb. 6- Subway orders open on School Cash

Tues. Feb. 7- Popcorn orders due on School Cash

Tues. Feb. 7- SCC Meeting @7 p.m.

Mon. Feb. 13- Deadline to order Subway on School Cash

Tues. Feb. 14- Popcorn Day

Tues. Feb. 14- Red/Pink Day

Mon. Feb. 20-Fri. Feb. 24- No School for students and staff

Tues. Feb. 28- Pink Shirt Day.

<https://www.pinkshirtday.ca/>

<https://bekindonline.com/>

Message from Administration

We had a busy January with many activities for families and students. One of these activities was the Internet Child Exploitation (ICE) presentation by CST Zoerb, CST MacNaughton and SGT MacNaughton from the MJPS. Laura Jensen, one of approximately 80 parents that attended the event, shared her takeaways from the evening. These include: *Building a relationship of open communication with your children is so important, so if something strange happens online, children will feel comfortable coming to their parents for help. *Parents should monitor kids' phones and use parental control filters. *Parents should know how to use the

apps/social media they're allowing their children to have so they know how/what to monitor. Parents may not know how an app is dangerous if they don't understand it. *The worst apps allow strangers to connect with your kids freely. *Police predict that for our kids' generation, it isn't a matter of "if" an online predator will contact them; it's a matter of when. Children need to be educated about this potential, so they know how to recognize alarms, tell parents about it, and disengage from communicating with the predator.

We held another parent session on supporting children with anxiety and grief. We discussed anxiety and grief, social media's role, and social and emotional health in primary children. Resources were shared to support children, and our school continues to teach kids about this phenomenon and how to regulate anxiousness, stress and full-blown anxiety. Thank you, parents, for attending these sessions!

Congratulations to the Michener Family for winning our prize draw for a family dinner at Street's Steak House! Thank you to all our families that participated in the many Family Literacy Week activities. Students had a lot of fun throughout the week celebrating literacy!

School Community Council News

The next SCC meeting will be held on February 7 @ 7 p.m. in the school library. We welcome any parents/caregivers who want to be “in the know” and/or have a voice. We know there are lots of great ideas out there that we haven’t heard yet!

Central Collegiate’s SCC is hosting a parent and SCC evening called **Raising a Selfie Generation. You are invited!**

Date: February 8th at 6:30 p.m.
Peacock Collegiate - Centennial Auditorium
145 Ross St. E. Moose Jaw

Raising the Selfie Generation -
Presented by University of Regina professor Katia Hildebrandt.

The high-tech world of social media brings incredible new opportunities but also brings about significant challenges for our youth. Keeping up with the latest technological trends, fads, and apps is becoming increasingly difficult for parents looking out for their kids' physical and mental well-being. In this presentation, Dr. Alec Couros will give you a sense of what your children may be up to online and provide tips and suggestions for parents trying their best to keep afloat in this ever-changing reality. Topics addressed will include:

- The ins and outs of popular apps
- Digital footprint, reputation, and public shaming
- Online privacy and safety
- Inappropriate content and sexting
- Catfishing and identity theft
- Mental health and wellness

SCC Subway Lunch

The SCC is holding a Subway lunch for the school on Wednesday, March 1. Orders can be placed on School Cash starting on Monday, Feb. 6. The deadline to order on School Cash will be Monday, Feb. 13.

MySchool Sask Parent Portal

Report cards will be published to MySchool Sask parent portal in March. Please ensure you have access to your account. Passwords expire every 3 months and you must use a desktop or laptop computer to reset your password. Please call the school office if you encounter an issue with your account. <https://myschoolsask.ca/aspn/logon.d>
[o](#)

Messages left for student absences

When leaving messages regarding student absences, please leave students full name, date of absence and the reason for the absence. We appreciate these simple steps!

Dress for the weather!

Please help your child come dressed appropriately for the weather conditions. Students will be expected to go outside for breaks and will need to be dressed suitably. You may wish to take a moment and write your child’s name in their boots and outside gear like jackets and mitts. This helps when we are trying to help locate lost items.



Sunningdale Social Media

Keep up-to-date on all the latest news and events happening in our school on [Facebook](#) and [Twitter](#). We are sharing classroom learning, community involvement, sports updates, and current events on our socials often.

Tabs for Tyce

Tyce would like to extend a heartfelt thank you to all those that have put in the time and effort for collecting tabs! The massive donation we received from Sunningdale yesterday was beyond thrilling (an estimated 200lbs of tabs!)* Your contributions mean so much to us and others affected by childhood cancer! 🧡



We are still collecting pop can tabs to raise funds and awareness for childhood cancers. We have several collection bottles throughout the school to collect pop can tabs for this worthy cause. We “can” fill those bottles!

Bus Lane and Staff Parking

Wood Lily Drive near the school can become congested with vehicles and pedestrians during the morning drop off, especially when the buses are not operating. We ask that parents use extreme caution and patience during this busy time to keep our students safe. The bus lane and staff parking lot should not be used for student drop off and pick ups while buses are loading and unloading. Thanks for keeping our students safe.



SCHOOL BREAK ACTIVITY CLUB

Need a place for the kids when school's out?
Spend time with friends and have a Notorious amount of fun!
Sign up for the School Break Activity Club at Yara Centre.

February 21-24 / March 3 / April 10-14
7:45am – 5:30pm
\$22.00 per day

Register online at
moosejaw.ca or
on the free City of
Moose Jaw App



Yara Centre



MOOSE JAW
SASKATCHEWAN