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<https://schools.prairiesouth.ca/sunningdale/>



@sunningdaleMJ

October 2020 Newsletter

Events this Month

Mon. Oct. 5 - World Teacher Day
Fri. Oct. 9 - No School for Students-Prep Day
Mon. Oct. 12 - Thanksgiving Day No school for students and staff
Wed. October 14 - Grizzly Day
Mon. October 26 - Teacher Prep Day No school for students
Fri. October 30 - Orange/Black/Costume Day

Sunningdale 2019-2020 Yearbooks

The yearbooks have been delivered to students. There is a limited number of yearbooks you may purchase at the office. The book is \$24, cash or cheque only.

Bell Times for 2020-2021



The bell schedule for this school year can be found on the Sunningdale School website.

<https://schools.prairiesouth.ca/sunningdale/calendar-2/>

Covid-19 Updates

Prairie South School Division uses the Saskatchewan Health Authority Website as the source of truth for COVID-19 information at

<http://www.saskatchewan.ca/coronavirus>

Message from Administration

What a month! This has been a wonderful and enjoyable start to our year! After six long months of not being in school as a community, it was very evident that our staff was ready, our students were ready and our parents were ready to get back into some routine! Our staff and students are eagerly moving forward with learning in an unprecedented time. We have been working on disinfecting our spaces regularly and learning new protocols which will help to ensure the safety of everyone. Walking down the hallway, entering and exiting the school, staying within our cohorts, disinfecting our hands regularly and wearing masks have simply become our new normal. We really have rocked it and we are proud of how awesome our kids have taken on this new challenge. When we overcome challenges with student safety, we are able to focus on the other piece that really matters; student learning! Thank you parents for all your support! It's greatly appreciated.

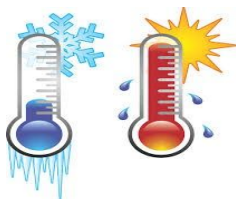
We have had some fun this month! First, we had "Wear Green Day" in support of Mitochondrial Disease Awareness. We have also found a way to recognize Terry Fox Day. Instead of a whole school walk/run, each class participated on their own over the span of a few days. We are collecting "Toonies for Terry"

and will donate the proceeds to the Terry Fox Foundation. September 30th was Orange Shirt Day, a day to acknowledge and honour those affected by Residential Schools. This day of acknowledgement is also an opportunity to celebrate the gains made through the Truth and Reconciliation Commission of Canada. Thank you for supporting these causes that are near and dear to our hearts!

Again, thank you for your support as we continue settling into new routines due to our unique circumstances. We are much stronger as a community because of your commitment to support our school.

Safety and Other important Items

1) To ensure the safety of our children, please remember to follow the traffic laws on Thatcher Drive and Wood Lily Drive. Please respect the speed limits and be extra cautious around crosswalks. It is very important to not do "U" turns on Wood Lily in front of the school. Your help to keep our families safe is greatly appreciated.



2) Dress for the weather: October is always an interesting month when it comes to weather. We may see 30 degrees Celsius one week and snow the next. Please help your child come dressed appropriately for the weather conditions. Students will be expected to go outside for breaks and will need to be dressed suitably. You may wish to take a moment and write your child's name in their boots and outside gear like jackets

and mitts. This helps when we are trying to help locate lost items.

3) We want to remind you that Sunningdale School is a Nut Aware School. Please do not send any products to school that contain nuts, or may contain nuts, at any time. We have people in our school who have severe allergies and we want to keep everyone safe. Thank you for your support in making our school a safe place for everyone.

4) Visitors to the school and drop off of items: We ask all visitors to our school to sign-in at the front office. This helps us be aware of who is in our building for safety and security reasons. When coming into the school, please be sure to wear a mask and sanitize at our sanitizing station. If you are dropping off something for your child, we will have you place it on the drop off table in the hallway. We will be happy to call your child to the front of the school to pick the item up from the table.

5) Masks: Our students are doing an excellent job adhering to our mask protocol. Thank you, parents, for your help and support in ensuring children understand the importance of wearing a mask. Students can have mask breaks at their desk when safe to do so and when initiated by the classroom teacher. Students must wear their mask when out of their desk and transitioning through the halls. They do not need to wear their mask outside.

6) School Photos: Prairie South School Division has postponed school photos in all schools due to Covid. If something changes and we can offer this service, we will ensure to tell our families as

soon as possible. We understand how important school pictures are to our moms, dads and grandparents.

Prairie South 2020-2021 Calendar

The school calendar for the upcoming school year can be found on the Prairie South Schools website. Please note the change to the October Prep Day due to the Provincial Election announcement. <https://www.prairiesouth.ca/wp-content/uploads/2020/09/2020-2021-6-day-calendar-Moose-Jaw-Assiniboia-Caronport.pdf>

HALLOWEEN

Sunningdale School will once again be participating in a spirit day on **Friday, October 30th**. Students may wear orange and black clothing or they may wear their Halloween



costumes. Some guidelines must be followed if your child would like to participate by wearing their costume. Please ensure:

- Costumes follow the school dress code (no clothing with profanity or offensive gestures; no clothing promoting alcohol, drugs, or inappropriate lifestyles; undergarments not exposed; clothing should not be a distraction to others or impede classroom learning.)
- Costumes do not include fake blood or any gore, face masks (face paint is permitted), or replica weapons of any kind.
- Costumes are not clown-related.

Finally, due to COVID-19 and Public Health recommendations, we ask that students **do not** bring candy or treats of any kind to share with others. We appreciate your cooperation and look forward to this special day!

MySchool Sask Parent Portal

We recommend that parents log in to their MSS parent portal ahead of the delivery of report cards in November. Please use a desktop computer to log-in to your account. Please call the school office if you encounter an issue with your account.

SCC AGM & Upcoming Elections

The School Community Council will be holding its AGM and election on Tuesday October 27 at 7 p.m. in the school library. We have some vacant seats opening up, so we will be looking for some new voting members! Please contact the school or Genelle Payant for a nomination form.

Safety Patrol

We are looking for students in Grades 6-8 to help out at Sunningdale School by becoming a Safety Patroller. Students will be scheduled on a weekly basis within their cohort. Once all permission forms are received, we will begin setting up training sessions with our Police Liaison Officers. We look forward to another great year of leadership opportunities through our Safety Patroller program. Please encourage your child(ren) to get involved!

COVID-19 Guidelines

All students are expected to self-monitor for COVID-19 symptoms. Common symptoms include: Fever, cough, headache, muscle and/or joint aches and pains, sore throat, chills, runny nose, nasal congestion, conjunctivitis, dizziness, fatigue, nausea/vomiting, diarrhea, loss of appetite, loss of sense of taste or smell, shortness of breath, difficulty breathing

If a student has symptoms of COVID-19 illness they are to stay home and call Healthline 811. The student shall follow the recommendations and directions provided.

The student should stay home for 48 hours after symptoms have resolved or when they receive a negative test result, whichever is longer.

If a student starts displaying symptoms of COVID-19 illness while at school, the student will be isolated from other students and the parent or guardian will be notified to pick up the student immediately.

We appreciate your due diligence and thank you in advance for your cooperation in this matter.

Upcoming Parental Workshops from Saskatchewan Health

Authority

Mental Health Parenting Workshop Information

The upcoming sessions are scheduled to be facilitated virtually, through a computer or phone, with preference being computer.

- Both workshops are for parents and caregivers only.
- To register please call Mental Health Intake at 306-691-6464.
- The Equip, Educate and Empowering Parents (E3) Workshop.
 - This group is appropriate for parents/caregivers who may be struggling with their teens on a variety of issues such as drugs, alcohol, anger and family conflict.
 - The workshop will provide information on communication styles, healthy boundaries, handling stress, family dynamics as well as how to support, love and understand your teen.
 - Sessions are 3 weeks for two hours per week.
 - October 6, 13, 20 - 6-8pm
 - Dec 1, 8 and 15 - 6-8pm
 - Jan 27, Feb 3 and 10 - 6-8pm
- Parenting Your Anxious Child Group
 - This group is appropriate for parents of children ages 6-15
 - who are exhibiting anxiety symptoms.
 - This group provides parents information on anxiety and a

variety of tools to help support their children in coping with their anxiety.

- The age range was recently adapted from 6-12 to 6-15
- Sessions are 3 weeks for two hours per week.
 - October 7, 14, 21 - 6-8pm
 - Nov. 25, Dec 2 and 9 - 6-8pm
 - January 12, 19, 26 - 1-3pm
 - Feb 23, Mar 2 and 9 - 6-8pm

Canadian Red Cross Babysitting

Canadian Red Cross is offering VIRTUAL training for the Red Cross Babysitting Course. The course is completed over ZOOM with sessions scheduled October 9th to coincide with no school that day. The course is meant for youth 11 years and older. The required materials for the course and completion Certificate will be delivered to your home. Cost for the course is \$40.

For more information or to register, contact Youth Leader Carolyn Korteby email carolynrk@hotmail.com
text 306-630-3320
or phone 306-693-2466

